

LIST OF ALLOWABLE TASKS

Elder-Minding	<ul style="list-style-type: none">• Assisting with personal care tasks for the elderly person (including bathing, dressing, toileting, brushing teeth)• Assisting with activities of daily living (ADLs) and instrumental activities of daily living (including feeding, lifting, positioning, and transferring the elderly person)• Engaging the elderly person in mind-stimulating activities• Engaging the elderly person with leisure or recreational activities• Assisting the elderly person in simple maintenance exercises (as prescribed by healthcare professionals)• Accompanying the elderly person on walks• Keeping watch over the elderly person• Assisting the elderly person with medication (prescribed by healthcare professionals)
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