



Learn about language and financial literacy courses for your helper

Dear Employers,

Have you ever thought about enrolling your migrant domestic worker (MDW) in courses that could benefit both her and your household, but wasn't sure about what's available?

Consider classes conducted by non-government organisations that offer language training and financial literacy. These can make her more productive and better adjusted to life in your household. Here's a quick walkthrough to give you a better idea of what goes on during these classes.

[Explore the courses in detail](#)

ACMI's Conversational English Course

Effective communication between your MDW and household members helps her understand instructions and avoid miscommunication.



This course focuses on **clear communication** in **simple English**.



Practical sessions are key to learning.



Worksheets help her remember **key concepts**.

[Learn how she can improve her communication](#)

Aidha's Financial Literacy Courses

Learning how to manage money wisely, such as saving for emergencies and not overspending, can help your MDW stay out of debt.

It also gives you peace of mind, knowing she's less likely to borrow from unlicensed moneylenders or fall for loan scams.



Aidha offers **one-day introductory workshops** as well as longer courses.



Trainers will encourage your MDW to **ask questions** to **aid understanding**.

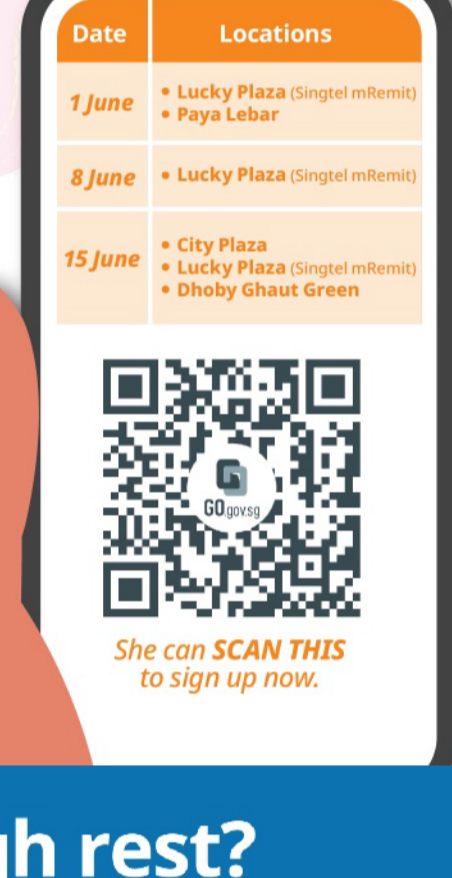


Workbooks help her **retain knowledge**.

[Learn how to boost her financial literacy](#)

Subscribe to MOM's WhatsApp Channel for MDWs!

- ▶ The channel updates her about employment regulations and useful tips like how to avoid loan sharks.
- ▶ To sign up, she can do so online or join us at these locations (12pm - 4pm) and get a **FREE treat***.
- ▶ Plus, she'll also get more goodies for referring friends to sign up too!



*For MDWs who sign up onsite. Free item varies by location. While stocks last.

Is your helper getting enough rest?



Since **1 January 2023**, employers must provide their MDWs with at least **one non-compensable rest day per month**. Agree on a specific rest day and hours that work for both of you.

Ensure your helper takes the mandatory rest day, even if she offers to work for extra pay. Rest days allow your MDW to recharge, ensuring she can better care for your household.

[Learn more about the mandatory rest day](#)

Beware of Impersonation Scams

MOM officers will **NEVER** ask you to transfer money or disclose bank log-in details over a phone call or email. Find out more on how to transact safely and securely.

Call the 24/7 ScamShield Helpline on 1799 if you are unsure if something is a scam. Share this with your MDW to protect her.



Activities for your MDW



The Salvation Army

Basic Eldercare

Equip her with the skills to provide personal care for elders.

[Learn more](#)



Caregiver's Guide to Dementia

Train MDWs to care for persons living with dementia.

[Upskill her](#)

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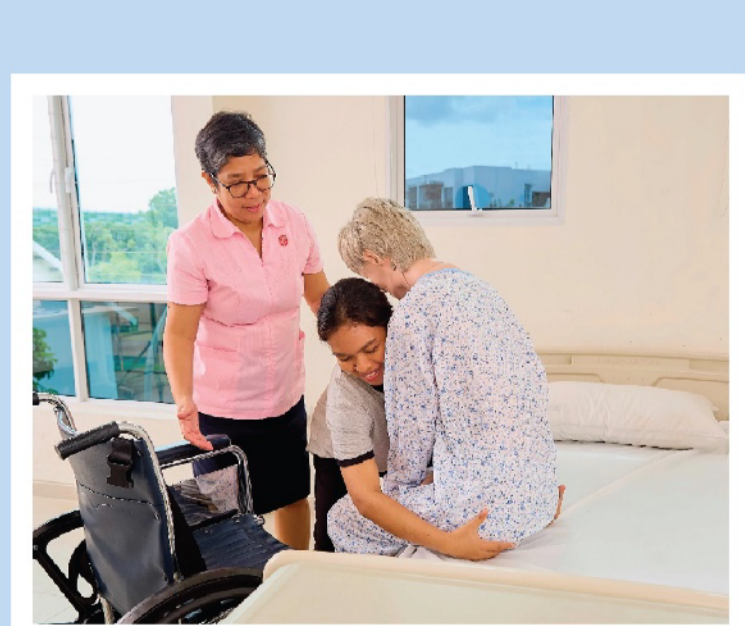
Manage your Money and Tech

Encourage her to upskill and build a better future for herself.

[Empower her](#)



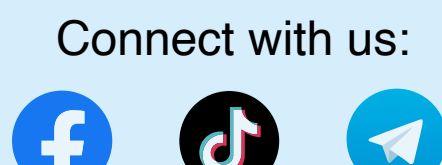
Here's what you missed ...



← [Is your helper trained to provide caregiving duties?](#)



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