

# What helpers should and shouldn't do this festive season



## Dear Employers,

The festive season is upon us, and many of you are getting busy – be it preparing for celebrations with the help of your migrant domestic worker (MDW), or managing the peak business season. Let's not forget the guidelines that keep your MDW safe and the importance of complying with regulations.

**Ensure that she works safely**

### Don't make your helper work for your business



Your business may need an extra pair of hands during this time, but getting your MDW to help is against the law! Remember, she must only perform **household chores** at **your residential address**.

**Know the rules to stay compliant**

## More Dos and Don'ts

### Managing her workload



Check in with her to see if she's overwhelmed.

### Preventing falls



Don't let her climb onto the aircon ledge.



Keep floors dry.



Declutter.



Put up festive decorations securely and safely.

### If you need her to clean windows



Lock windows when she is cleaning the interior.



When she cleans window exteriors of homes:  
- You or another adult **must be present**.  
- The windows must have grilles that are **locked at all times**.



Let her use tools that have extended handles.

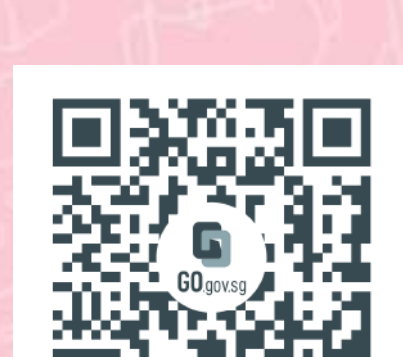


Don't let her stand on any raised platform.

**Get more safety tips**

## Why you should sign your MDW up for our WhatsApp channel

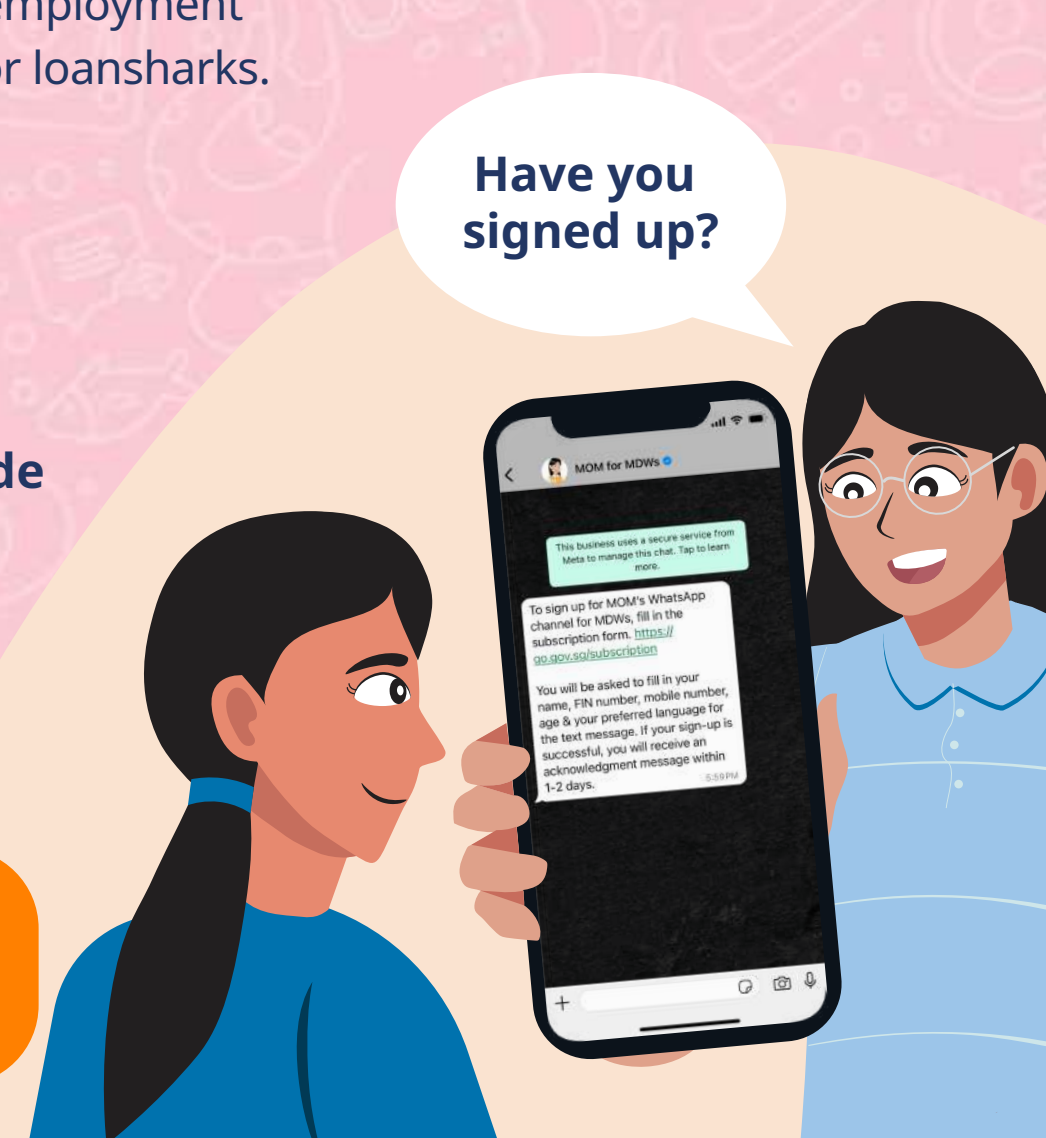
- Enjoy peace of mind as she learns about employment regulations and how to avoid scammers or loansharks.
- She'll discover tips and courses to upskill, benefitting your household.



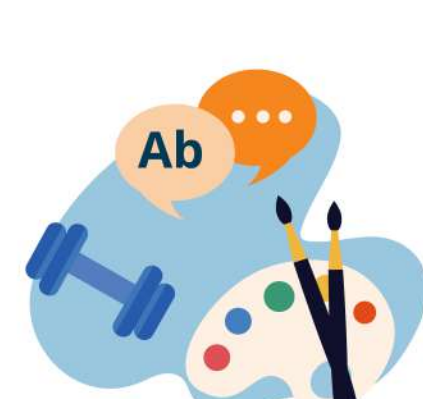
Send her this QR code to subscribe now!

**Help her sign up now**

"Good for helpers to have this system if they have no one to confide in, especially if they're new."  
MDW Employer Keith Chew



## Activities for your MDW



### AEA(S) Fun Club

She can enjoy **FREE** outings and activities.

**Let her have fun**



### Aidha: Manage Your Money & Tech

Improve her communication, computer skills and more.

Starts on 9 or 21 Feb  
Bahasa Indonesia course starts 23 Feb

**Learn more**



### The Salvation Army: Basic Eldercare

Equip her with the skills to provide safe personal care for elders.

23 / 24 Jan | 27 / 28 Feb

**Empower Her**



### Aidha: Manage Money & Meet Goals

Your helper will explore how to make good money decisions.

9 Feb

**Let her meet her goals**



### The Salvation Army: Caregiver's Guide to Dementia

Train MDWs to persons living of, and care for, persons living with dementia.

25 Feb | 25 Mar

**Upskill her**



### Aidha: Borrowing Money? Do it Wisely!

She'll learn to avoid debt or loan sharks, and how to borrow legally.

26 Jan

**Get Wise**



### CDE: Eldercare & Caregiver's Self-Care

She'll learn to care for elders, manage emergencies and deal with stress.

**Develop her skills**



### CDE: Caregiver's First Response Course

She'll learn 1st Aid Skills to manage falls, burns and more, apply CPR and use the AED.

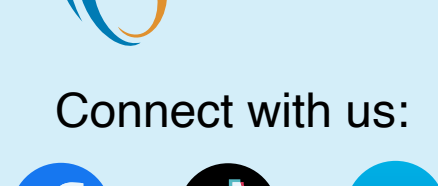
**Teach her first response**

## Here's what you missed...



**← Is your helper working for others?**

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