

FWMOMCare 应用程序使用 指引

内容

下载 / 隐私政策 / 注册 / 登录 -
[如何下载](#) / [隐私政策](#) / [注册](#) / [登录](#)

更新手机号码 -
[已经登录](#) / [已经登出](#)

疫苗 -
[疫苗接种记录](#) / [疫苗接种预约](#)

查找医生 - [有加入*PCP](#) / [没加入*PCP](#)
*PCP = 初级医疗计划

其他 -
[提名伙伴](#) / [报告健康状况](#) / [扫描二维码](#) / [SnapSAFE](#) /
[通知](#) | [新闻](#) / [横幅信息](#) / [反馈](#) / [援助热线](#) / [休闲中心](#) /
[My QR](#) / [联系MOM](#) / [快速信息](#)





请通过:

App Store / Huawei AppGallery / Google Play Store 进行下载



苹果系统使用者, 请到
App Store.

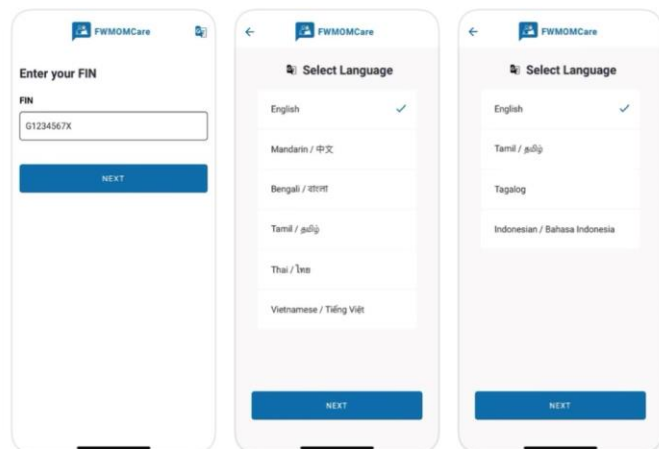


FWMOMCare

Productivity

★★★★☆ 618

GET



华为系统使用者, 请到
App Gallery.



FWMOMCare

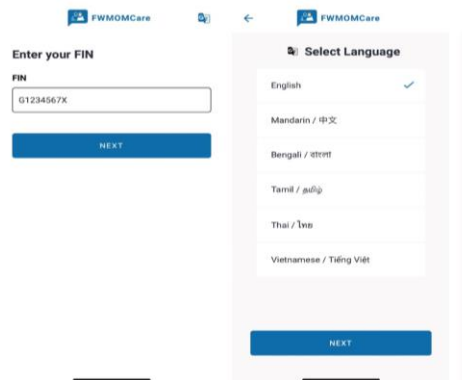
Ad check · Virus check · Manual check

Install

4.8 ★★★★★
Ratings: 6

408K
Installs

3+
Rated 3+



Foreign worker can use FWMOMCare to
manage their well-being



安卓系统使用者, 请到
Google Play Store.



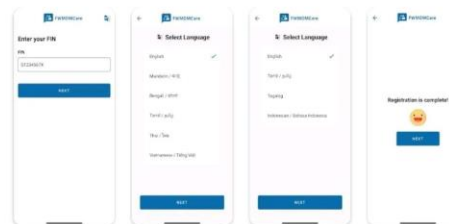
FWMOMCare

Ministry of Manpower

4.4 ★
15K reviews ⓘ

1M+
Downloads

3+
Rated for 3+ ⓘ



About this app



Foreign worker can use FWMOMCare to manage
their well-being

注意: 要下载应用程序, 至少必须达到 iOS 13 或者 安卓 5 版本。

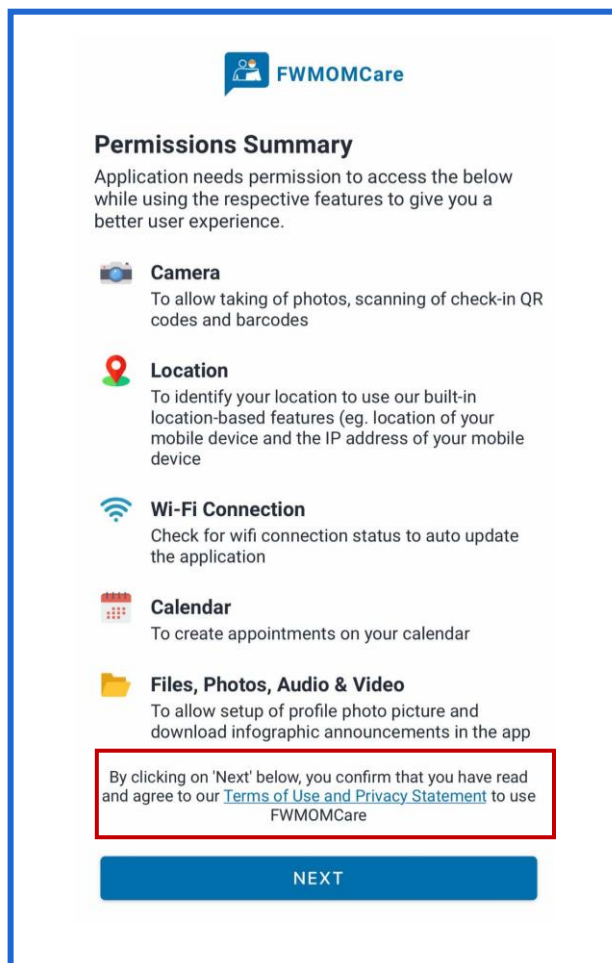




FWMOMCare 应用程序 – 隐私政策 (适用于新用户、新安装应用程序的用户以及尚未接纳隐私政策的用户)

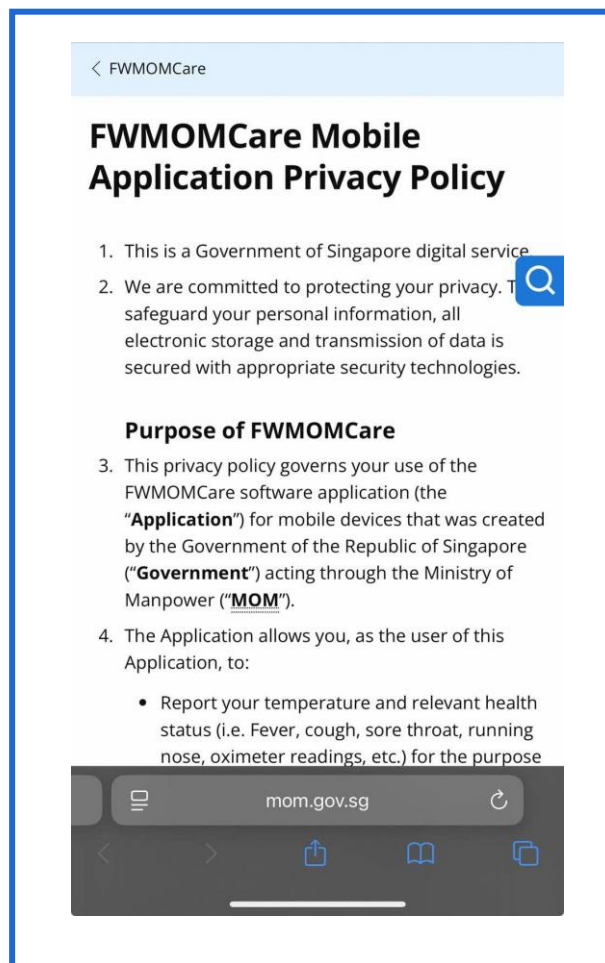
步骤 1:

请点击 [Terms of Use and Privacy Statement](#) 以查阅详情。



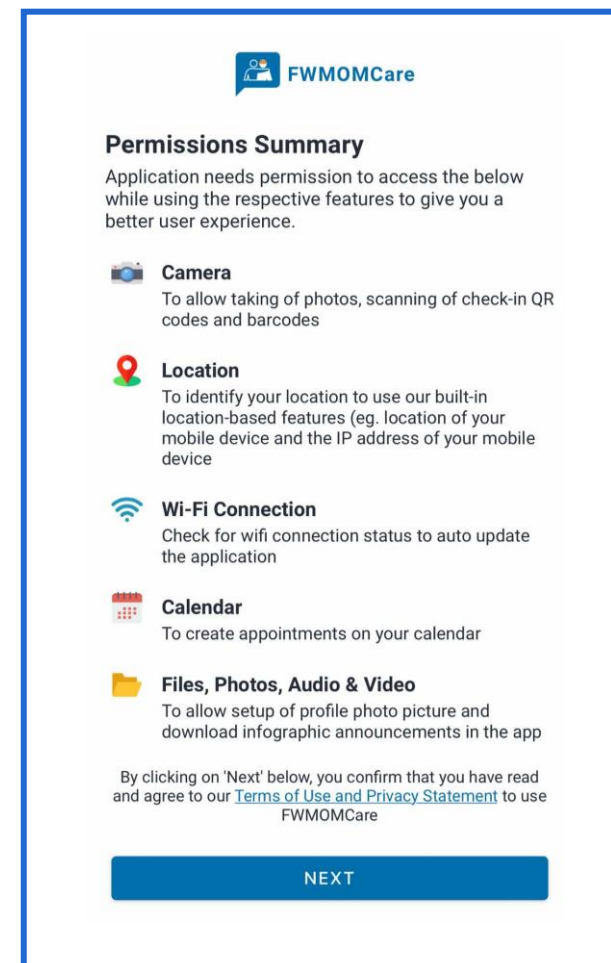
步骤 2:

转去到 MOM 网站



步骤 3:

请选择"下一步" (NEXT)以表示同意





FWMOMCare 应用程序 – 注册

第1页， 共4页

步骤 1:

输入"外籍人士身份证号码" (FIN)。

The screenshot shows the FWMOMCare app interface for Step 1. At the top, there is a back arrow, the FWMOMCare logo, and a WhatsApp icon. Below this, the text "Enter your FIN" is displayed. A text input field for the FIN is shown, followed by a grey "NEXT" button. At the bottom, there is a disclaimer: "MOM officers will **never** ask you to transfer money or disclose bank log-in details over a phone call or email. Find out more on how to [transact safely and securely](#). Call the 24/7 ScamShield Helpline on 1799 if you are unsure if something is a scam." A blue-bordered box at the bottom contains the Chinese text: "唯有把完整的外籍人士身份证号码输入之后，‘下一步’ (NEXT) 按钮才可启动。"

步骤 2:

"验证码" (Captcha) – 触划手机以进行验证。

The screenshot shows the FWMOMCare app interface for Step 2. At the top, there is a back arrow, the FWMOMCare logo, and a WhatsApp icon. Below this, there is a shield icon with a checkmark and the text "Login verification". A grey button with ">>" and a white button with "Please slide to verify" are shown. Below this, the text "How to Use:" is displayed, followed by a video player showing a hand sliding the "Please slide to verify" button.

步骤 3:

根据身份 (MW) 选择语言。

The screenshot shows the FWMOMCare app interface for Step 3. At the top, there is a back arrow, the FWMOMCare logo, and a WhatsApp icon. Below this, the text "Select Language" is displayed. A list of languages is shown: English (selected with a blue checkmark), Mandarin / 中文, Bengali / বাংলা, Tamil / தமிழ், Thai / ไทย, and Vietnamese / Tiếng Việt. A blue "NEXT" button is at the bottom.

*MW – 外籍客工








FWMOMCare 应用程序 – 注册

第2页，共4页



步骤 4:

输入手机号码。

Register

Mobile Number

+65 ▾

XXXX XXXX

NEXT

有关国家/区域的代号:




新加坡+65

马来西亚+60

印度尼西亚+62

步骤 5:

输入由"简讯" (SMS) 发送过来的"一次性密码" (OTP)。

Enter 6-digit OTP

Code sent to +65 XXXX XXXX




|

RESEND IN 02:00

If you have changed your mobile number, please [click here](#) to update.

步骤 6:

输入个人详情和点击"下一步" (NEXT)，继续下一步。

Provide your personal details

We use this information to confirm your identity

Name

FWMOMCare

Date of birth

18 ▾

MAY ▾

2020 ▾

NEXT





FWMOMCare 应用程序 – 注册

第3页，共4页



步骤 7:

点击地图的图标，查找住址。

← FWMOMCare

Provide your address

ADDRESS

Block

Floor Room

(Optional) (Optional)

NEXT

步骤 8:

使用邮编 / 部分住址，查找地址。

← FWMOMCare

339946

Bendemeer Rd MOM SC Singapore 339946

1500 Bendemeer Road MINISTRY OF MANPOWER SERVICES CENTRE Singapore 339946

使用邮编 / 部分住址

← FWMOMCare

1500 Bendemeer

1500 Bendemeer Road MINISTRY OF MANPOWER SERVICES CENTRE Singapore 339946

步骤 9:

从下拉式列表挑选地址，然后点击 ✓ 继续下一步。

← FWMOMCare

1500 Bendemeer Road MINISTRY OF MANPOWER SERVICES CENTRE Singapore 339946

Bendemeer Rd

Tripartite Alliance for Dispute...

MOM | MINISTRY OF MANPOWER SERVICES CENTRE

Ministry of Manpower Services Centre





FWMOMCare 应用程序 – 注册

第4 页, 共 4页

步骤 10:

如适用, 输入"楼层" (Floor) 和"房号" (Room), 并"保存更改" (SAVE CHANGES)。

Provide your address

ADDRESS

1500 Bendemeer Road MINISTRY OF
MANPOWER SERVICES CENTRE Singapore 339946

Block

1500

Floor

(Optional)

Room

(Optional)

SAVE CHANGES

完成:

注册信息顺利提交。

Registration is complete!

NEXT





FWMOMCare 应用程序 – 登录



步骤 1:
输入"外籍人士身份证号码" (FIN)。

步骤 2:
输入由"简讯"(SMS)发送过来的
"一次性密码"(OTP)

主页:

The screenshot shows the FWMOMCare app interface for Step 1. At the top, there is a header with the FWMOMCare logo and a Google Play Store icon. Below the header, the text "Enter your FIN" is displayed. Underneath, there is a label "FIN" followed by a large empty text input field. Below the input field is a grey button labeled "NEXT". At the bottom, there is a small disclaimer text: "MOM officers will **never** ask you to transfer money or disclose bank log-in details over a phone call or email. Find out more on how to [transact safely and securely](#). Call the 24/7 ScamShield Helpline on 1799 if you are unsure if something is a scam."

唯有把完整的外籍人士身份证号码输入之后, "下一个" (NEXT) 按钮才可启动。

The screenshot shows the FWMOMCare app interface for Step 2. At the top, there is a header with the FWMOMCare logo and a Google Play Store icon. Below the header, the text "Enter 6-digit OTP" is displayed, followed by "Code sent to +65 XXXX XXXX". Below this, there are six empty square boxes for entering the OTP digits. Below the boxes is a grey button labeled "RESEND IN 02:00". At the bottom, there is a text prompt: "If you have changed your mobile number, please [click here](#) to update."

简讯发送到正确的号码, 但是却没有收到一次性密码, 我该怎么办?
重新启动手机, 再度尝试。

The screenshot shows the FWMOMCare app home screen. At the top, there is a header with the FWMOMCare logo and a Google Play Store icon. Below the header, the date "Today, 05 Dec 2023" is displayed. The main content area contains several interactive cards: "Report Health" (with a thermometer icon and "Last Record:"), "Scan QR" (with a QR code icon and "Last Scanned:"), "SnapSAFE" (with a warning triangle icon), "Find A Doctor" (with a magnifying glass icon), "News" (with a newspaper icon), "Helplines" (with a person icon), "Recreation Centre" (with a house icon), and "Talk to MOM" (with a person icon). At the bottom, there is a navigation bar with three icons: "Home" (house icon), "My QR" (QR code icon), and "Notifications" (bell icon with a red notification badge).



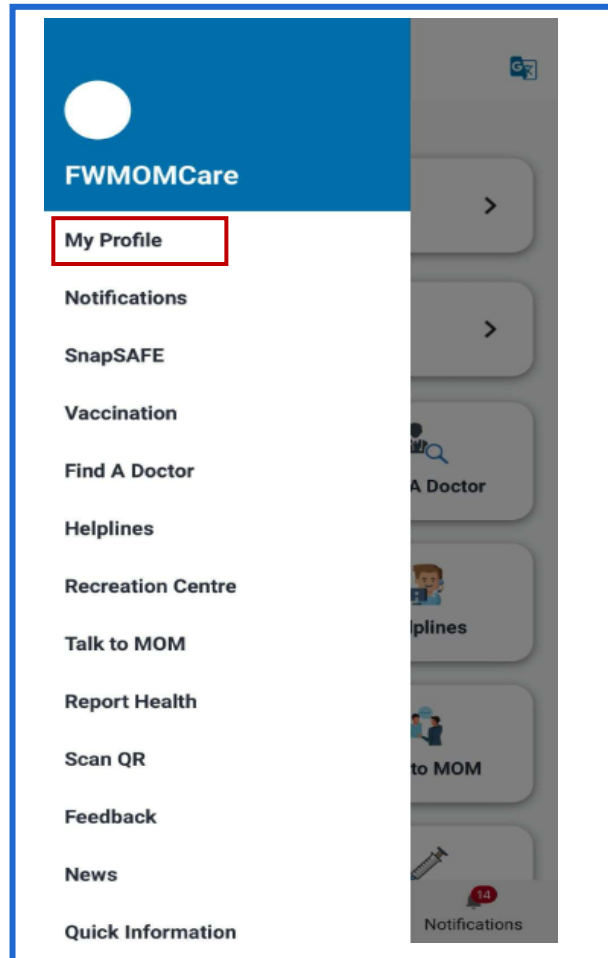


FWMOMCare 应用程序 – 编辑手机 (登录)

第1 页, 共2页

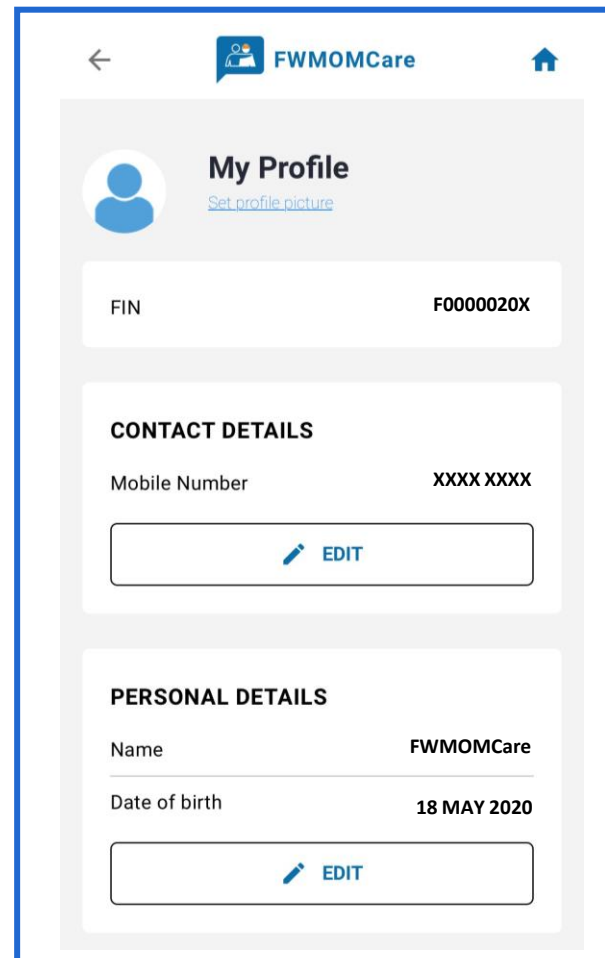
步骤 1:

点击"个人资料" (My Profile)。



步骤 2:

在"联系详情" (CONTACT DETAILS) 中, 点击"编辑" (EDIT) 。



步骤 3:

输入新的手机号码, 并点击"保存更改" (SAVE CHANGES)。





FWMOMCare 应用程序 – 编辑手机 (登录)

第2页, 共 2页

步骤 4:

输入由简讯发送到新手机号的"一次性密码" (OTP)

The screenshot shows the FWMOMCare app interface for entering a 6-digit OTP. At the top, there is a back arrow, the FWMOMCare logo, and a home icon. The main heading is "Enter 6-digit OTP" with a subtext "Code sent to +65 XXXX XXXX". Below this, there are six input boxes for the digits. The first box contains a vertical line. At the bottom, there is a button labeled "RESEND IN 02:00".

完成:

信息顺利提交。

The screenshot shows the FWMOMCare app interface after successful submission. At the top, there is a back arrow, the FWMOMCare logo, and a home icon. The main heading is "Submitted!" with a checkmark icon and the text "Updated Successfully". Below this, there is a smiling face emoji. At the bottom, there is a blue button labeled "DONE".





FWMOMCare 应用程序 – 编辑手机 (登出)

第1页, 共2 页

步骤 1 :

输入"外籍人士身份证号码" (FIN)。

步骤 2 :

如果一次性密码没有发送到正确的电话号码, 请在屏幕上的“点击此处”[click here](#)更新电话号码。

步骤 3 :



输入新的手机号码, 并点击“保存更改” (Save Changes)。





第2 页, 共2页

输入工作准证上的卡号，或者是原则批准信IPA上的申请日期(DOA)，然后点击"下一步"(NEXT)。

<

FWMOMCare



Enter Date of Application

Date of Application

DD ▾

MM ▾

YYYY ▾



The screenshot shows the FWS Form with a red box highlighting the "DATE OF APPLICATION" field, which displays "31 AUG 2020". A red arrow points from the date input field above to this field. Another red box highlights the "DATE OF BIRTH" field, which displays "31 AUG 2020".

NEXT

输入由"简讯" (SMS) 发送到新的手机号上的"一次性密码" (OTP)。

A screenshot of the FWMOMCare mobile application. The top navigation bar is blue with a white back arrow on the left, the FWMOMCare logo in the center, and a white house icon on the right. The main content area is white and displays a confirmation message: a checkmark icon followed by 'Submitted!' and 'Updated Successfully' in bold black text. Below the text is a large yellow smiley face emoji with a wide red mouth. At the bottom of the screen is a large blue button with the word 'DONE' in white capital letters.

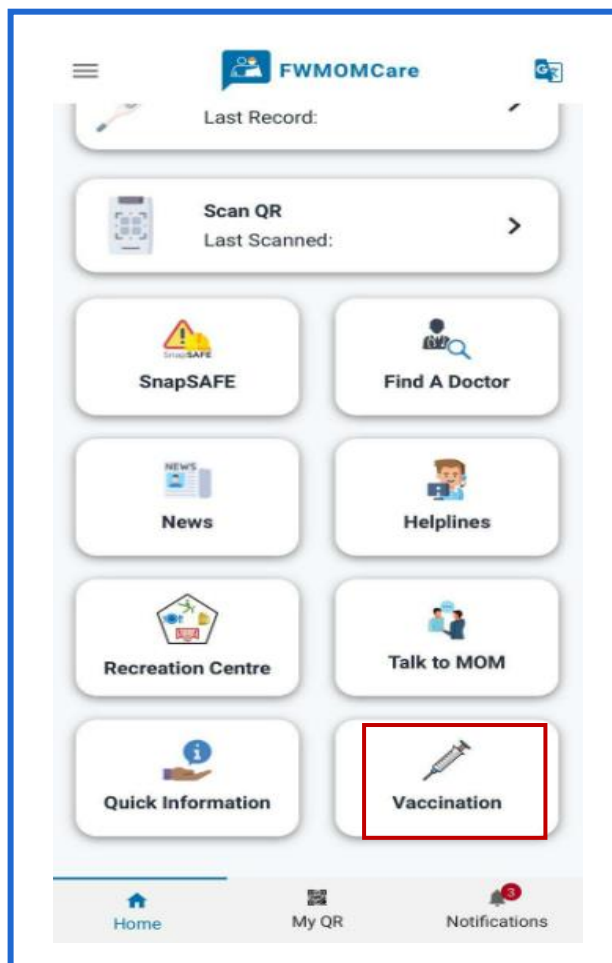


FWMOMCare 应用程序 – 疫苗接种记录

第1 页, 共2页

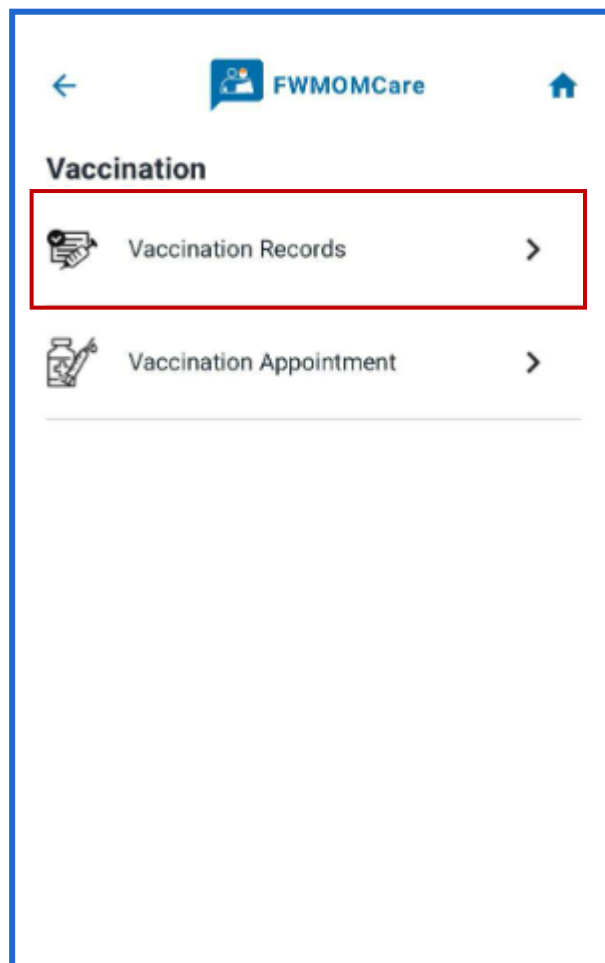
步骤 1:

点击"疫苗" (Vaccination)。



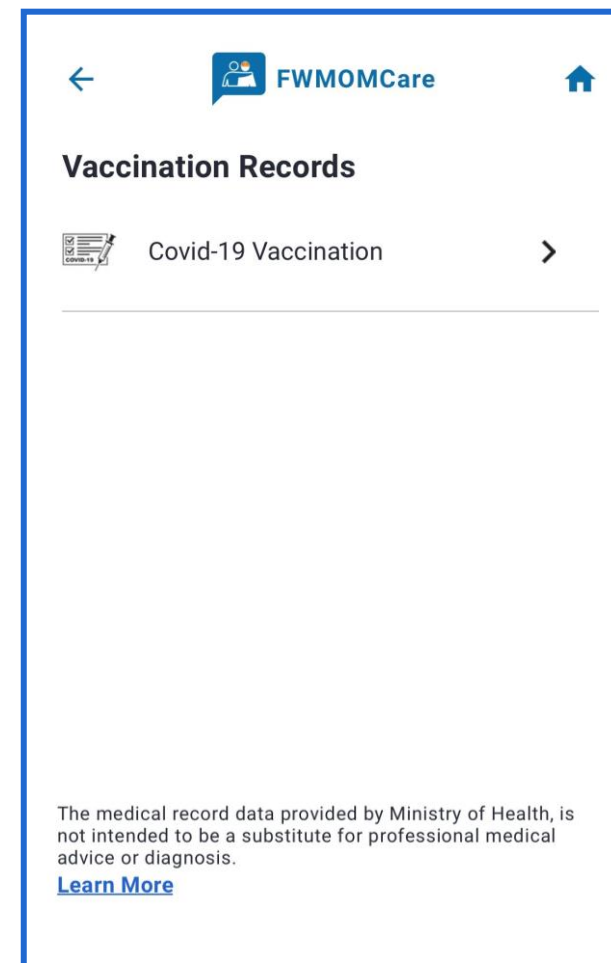
步骤 2:

点击"疫苗接种记录" (Vaccination Records)。



步骤 3:

点击接种新冠肺炎疫苗





接种新冠肺炎疫苗的状况





已经接种疫苗

尚未接种疫苗

最近受感染但已康复 / 医学上认为不适合接种


步骤 4:

点击"历史" (HISTORY) 查看接种疫苗的全部记录。




COVID-19 VACCINATIONHISTORY

COVID-19 Vaccination Record:
Fxxx0020X
As at 17 May 2022




Status: **VACCINATED**
Effective from: 26 Apr 2021
Expiry Date: -







COVID-19 VACCINATIONHISTORY

COVID-19 Vaccination Record:
lFxxx0020X
As at 17 May 2022




Status: **UNVACCINATED**
Effective from: -
Expiry Date: -







COVID-19 VACCINATIONHISTORY

COVID-19 Vaccination Record:
Fxxx0020X
As at 17 May 2022



Status: **RECOVERED FROM RECENT
INFECTION / MEDICALLY INELIGIBLE**
Effective from: 27 Jul 2021
Expiry Date: -



COVID-19 VACCINATIONHISTORY

COVID-19 Vaccination Record History
Fxxx0020X
As at 16 Aug 2022

COVID-19 Vaccine Name:
MODERNA/SPIKEVAX COVID-19 Vaccine [Elasomeran] Injection
Vaccination Date:
2022-03-08
Vaccination Location:
21M0095

COVID-19 Vaccine Name:
SINOPHARM BIBP COVID-19 Vaccine [SARS-CoV-2 Virus (inactivated, HB02 strain)] Injection
Vaccination Date:
2021-09-20
Vaccination Location:
Overseas Vaccination



FWMOMCare 应用程序 – 疫苗接种预约

步骤 1:

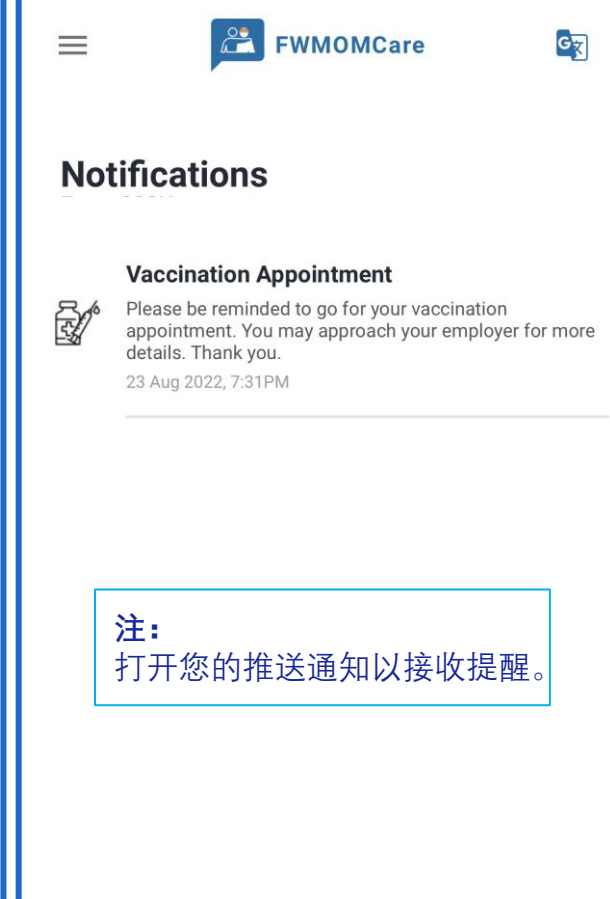
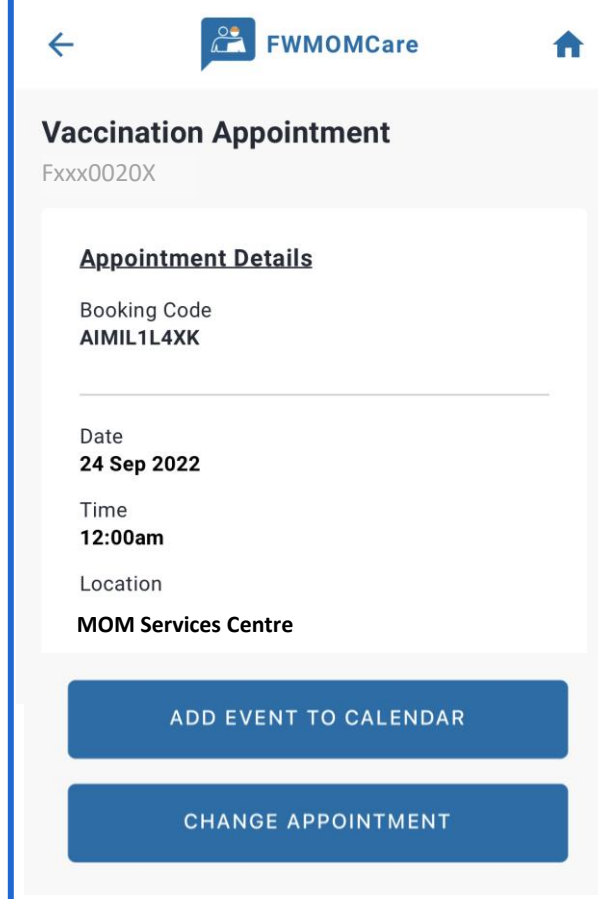
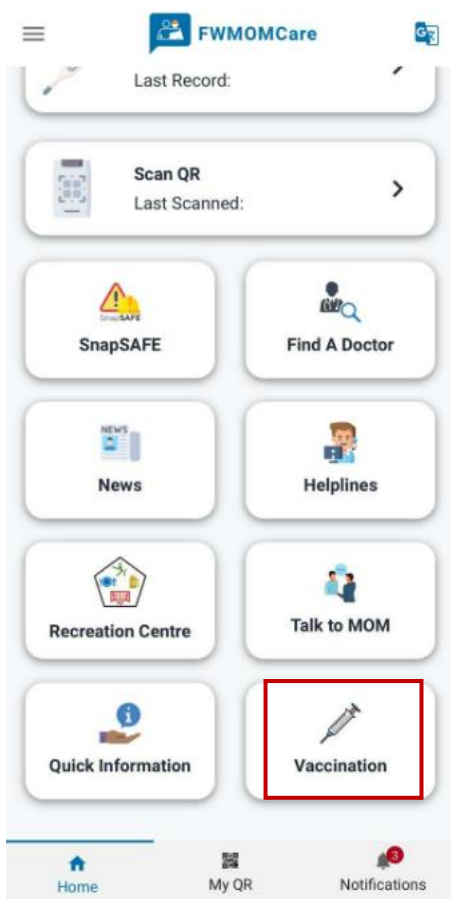
点击"疫苗" (Vaccination)。

步骤 2:

点击"疫苗接种预约" (Vaccination Appointment)。

将步骤 3:

查看/更改预约以及将预约放在手机的行事历中进行中的预约。

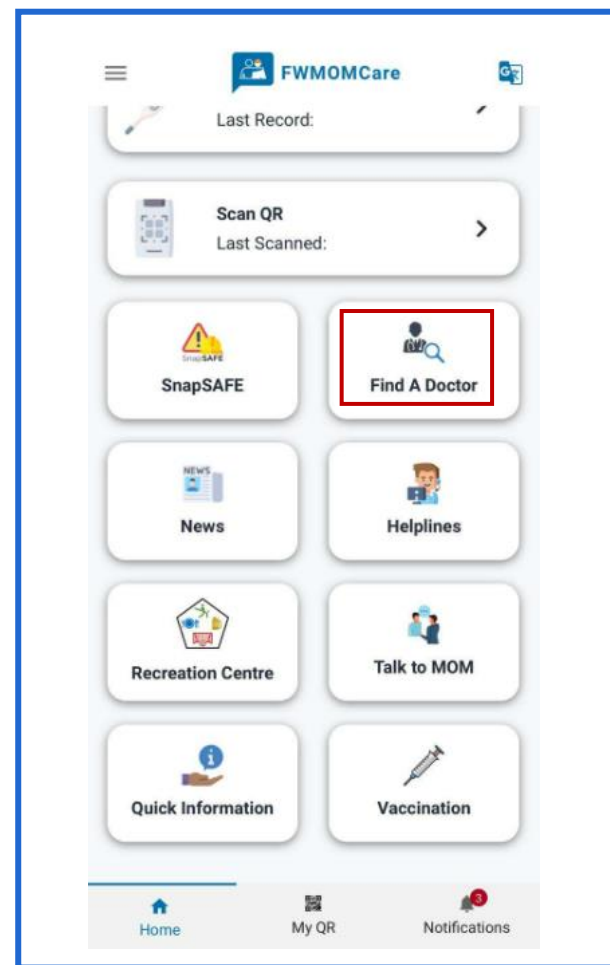
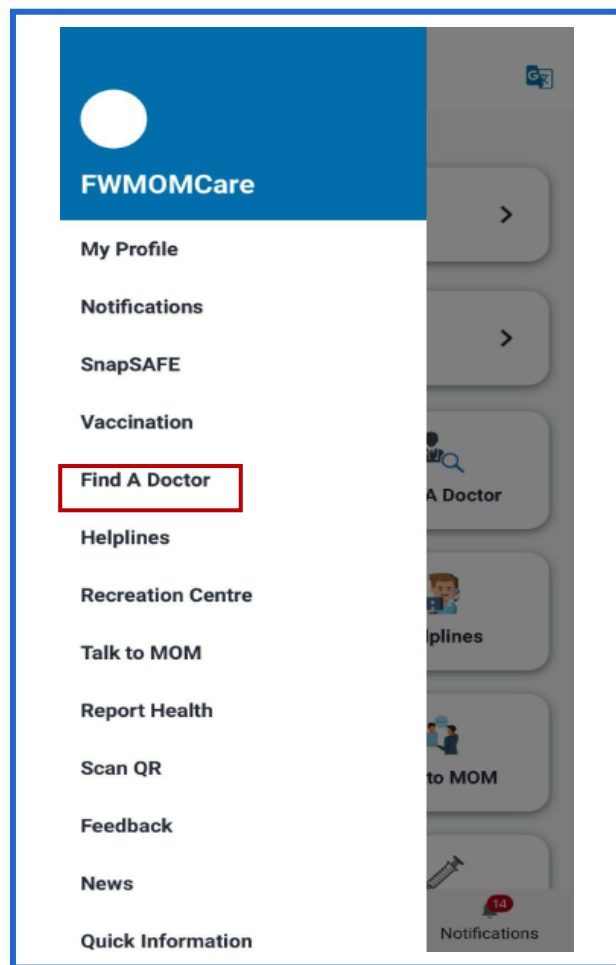




FWMOMCare 应用程序 – 查找医生

查找医生

您可以在选单 / 主页里找到"查找医生" (Find A Doctor)功能





FWMOMCare 应用程序 – 查找医生(*PCP)

*PCP – 初级医疗计划

步骤 1:

您的PCP详情将显示出来，请挑首选的医疗服务。

FWMOMCare

Find A Doctor
Fxxx0020X

You have a Primary Care Plan:
Fullerton-E

If you are sick, you must see your doctor.
* Please pay directly to service provider.

Video call a doctor *(\$2) >

Fullerton Health Medical Centre for Migrant Workers @ Space@Tuas
14 Tuas Avenue 1
+65 89384852

Monday to Friday
09:30am - 12:30pm
01:30pm - 05:00pm
06:00pm - 09:00pm

Saturday to Sunday
01:30pm - 05:00pm
06:00pm - 09:00pm

Closed on public holidays

*(\$5) >

步骤 2: 一旦选好，您将被带导出 FWMOMCare 应用程序，转而进入医疗提供者的应用程序 / 网站。

FWMOMCare

You will be redirected out of FWMOMCare

注意:

如果您个人资料上的地址离PCP计划的地址较远，警示会显现。

FWMOMCare

Find A Doctor
Fxxx0020X

You have a Primary Care Plan:
SATA-B

You have recently updated your address. The new address is under the StarMed-A zone. Please inform your employer to purchase the primary care plan under StarMed-A.

If you are sick, you must see your doctor.
* Please pay directly to service provider.

Video call a doctor *(\$2) >

SATA Medical Centre for Migrant Workers @ Chai Chee
351 Chai Chee St, SATA CommHealth Building, Corporate HQ
+65 87208840

Monday to Friday
09:00am - 12:00pm
01:00pm - 04:00pm
05:00pm - 08:00pm

*(\$5) >





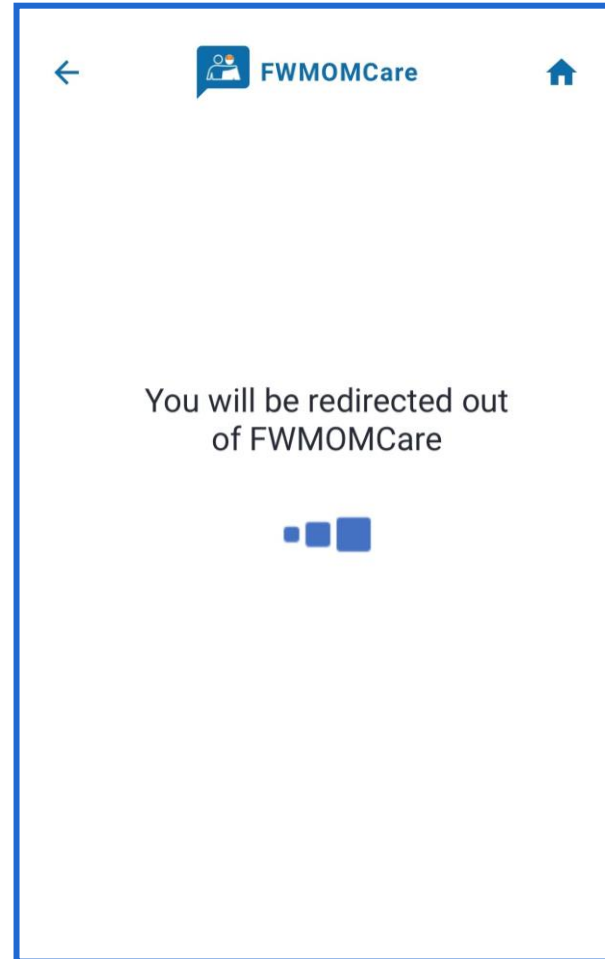
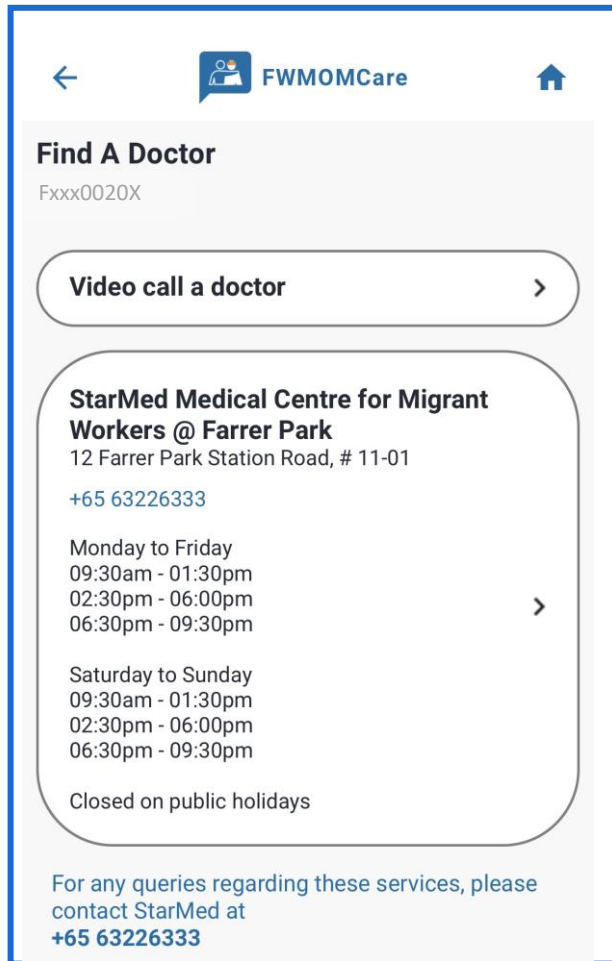
FWMOMCare 应用程序 – 查找医生(非*PCP)*PCP – 初级医疗计划

邻近的医疗中心：

根据您的邮编，应用程序将显示附近的医疗中心

通过视频与医生做远程问诊：

一旦做好了选择，应用程序FWMOMCare将会把您转入医疗服务提供者的应用程序/网页

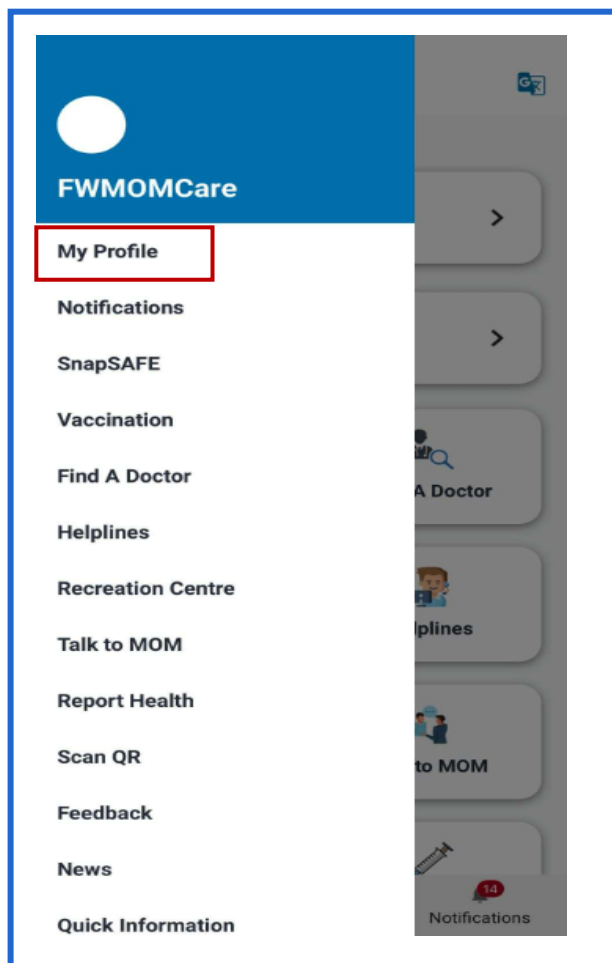




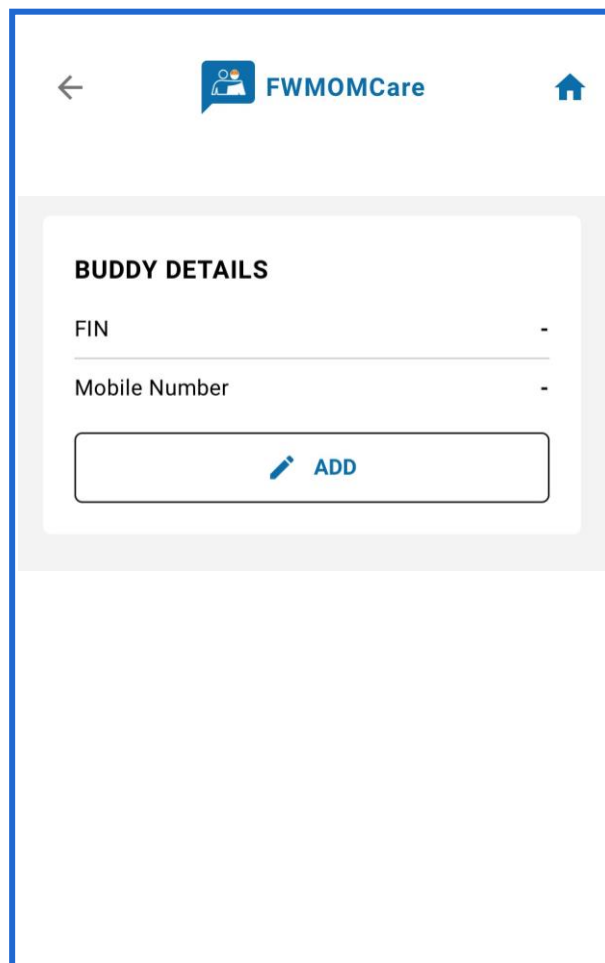
FWMOMCare 应用程序 – 提名伙伴 1

第1页, 共2页

步骤 1:
点击"个人资料" (My Profile)



步骤 2: 屏幕向下拉到"伙伴详情" (Buddy Details), 然后点击"添加" (ADD)。



步骤 3:
输入伙伴的外籍人士身份证号及其手机号

Buddy Details 1
Please provide details of your preferred buddy. This will be kept for official records in case of an emergency.

FIN

Mobile Number

☐ I acknowledge that my name and masked FIN will be shown to my nominated buddy in FWMOMCare.

SAVE CHANGES








FWMOMCare 应用程序 – 提名伙伴 1

第2页，共2页

步骤 4:


在选择框上打勾✓表示确认，并点击
"保存更改" (SAVE CHANGES)。

Buddy Details 1
Please provide details of your preferred buddy. This will be kept for official records in case of an emergency.

FIN

Mobile Number






☒ I acknowledge that my name and masked FIN will be shown to my nominated buddy in FWMOMCare.


SAVE CHANGES

完成:

信息顺利提交。

Successful !
Buddy nomination is completed.



NEXT





FWMOMCare 应用程序 – 提名伙伴 2

步骤 1:

点击"+添加" (+ADD), 添加"伙伴2
详情" (BUDDY DETAILS 2)

步骤 2:

点击"添加" (ADD)

步骤 3:

输入伙伴2的详情, 打勾✓表示
确认, 并点击"保存更改" (SAVE
CHANGES)。

完成:

信息顺利提交。

← FWMOMCare

BUDDY DETAILS 1 + ADD

FIN	Fxxxx002X
Mobile Number	XXXX 2222

EDIT

← FWMOMCare

BUDDY DETAILS 1

FIN	Fxxxx002X
Mobile Number	XXXX 2222

EDIT

BUDDY DETAILS 2

FIN	-
Mobile Number	-

ADD

← FWMOMCare

Buddy Details 2

Please provide details of your preferred buddy. This will be kept for official records in case of an emergency.

FIN

F0000001X

Mobile Number

+65 XXXX 1111

☒ I acknowledge that my name and masked FIN will be shown to my nominated buddy in FWMOMCare.

SAVE CHANGES

← FWMOMCare

Successful !

Buddy nomination is completed.

😊

NEXT



FWMOMCare 应用程序 – 删除已被提名的伙伴

步骤 1:

在个人资料页面中，触划手机至伙伴详情 1 或 2，然后点击“- 删除” (-REMOVE)

← FWMOMCare

BUDDY DETAILS 1 - REMOVE

FIN Fxxxx002X

Mobile Number XXXX 2222

EDIT

BUDDY DETAILS 2 - REMOVE

FIN Fxxxx001X

Mobile Number XXXX 1111

EDIT

步骤 2:

点击“OK”表示确认，否则，点击“取消” (Cancel)。

← FWMOMCare

BUDDY DETAILS 1 - REMOVE

FIN Fxxxx002X

Mobile Number XXXX 2222

EDIT

Alert

Proceed to remove Buddy Details 1

Cancel OK

EDIT





FWMOMCare 应用程序 – 报告健康状况

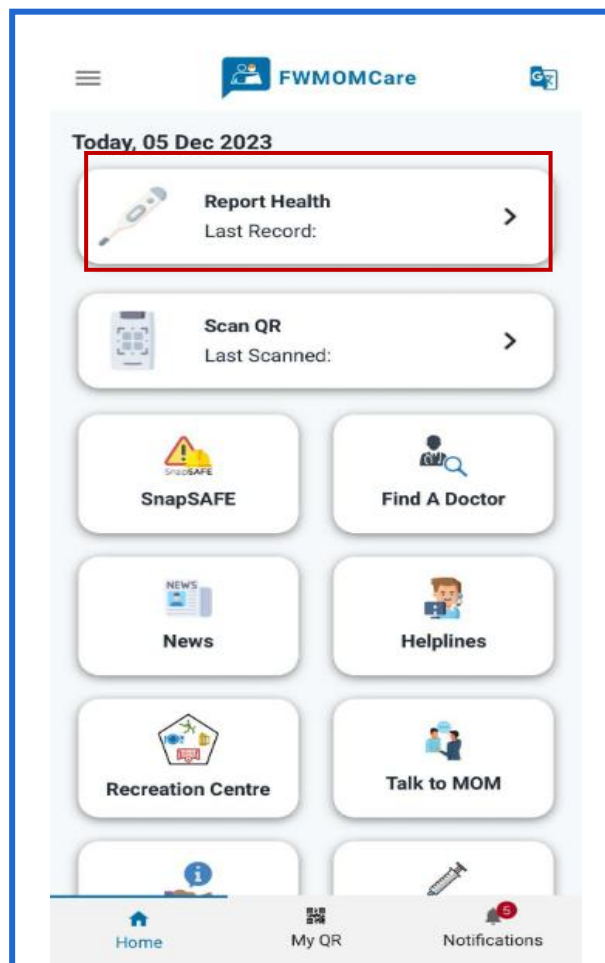
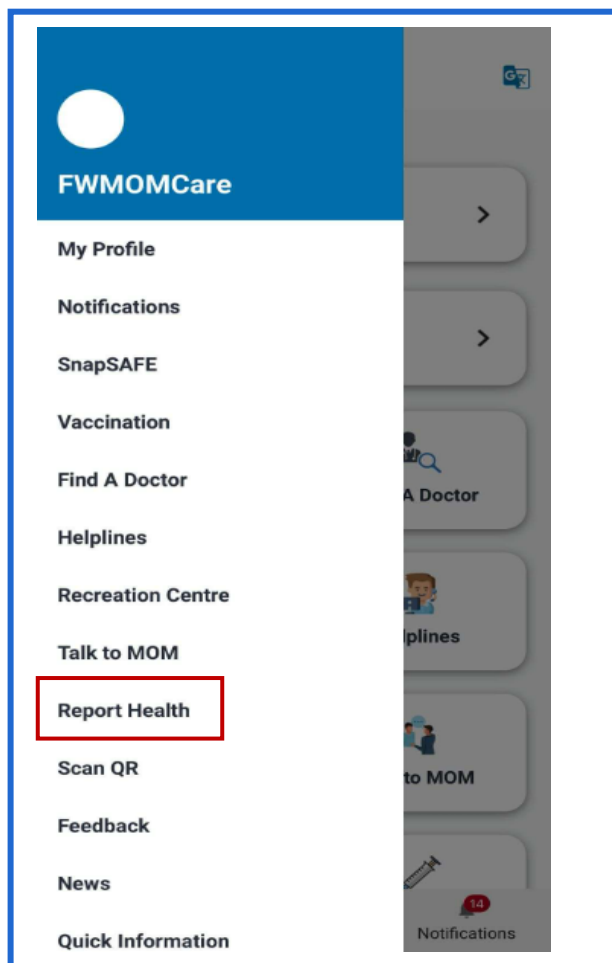
第1页，共3页

步骤 1:

您可以在**选单 / 主页**里找到"报告健康状况" (Report Health)功能。

步骤 2:

一旦完成，请点击"提交" (SUBMIT)。



REPORT HEALTH		HISTORY
Temperature	(Optional) °C	
Cough	Yes <input type="radio"/> No <input checked="" type="radio"/>	
Sore Throat	Yes <input type="radio"/> No <input checked="" type="radio"/>	
Runny Nose	Yes <input type="radio"/> No <input checked="" type="radio"/>	
Shortness of Breath	Yes <input type="radio"/> No <input checked="" type="radio"/>	
Chest Pain	Yes <input type="radio"/> No <input checked="" type="radio"/>	
Oxygen Saturation (SpO2)	(Optional)	
Heart Rate (BPM)	(Optional)	
SUBMIT		



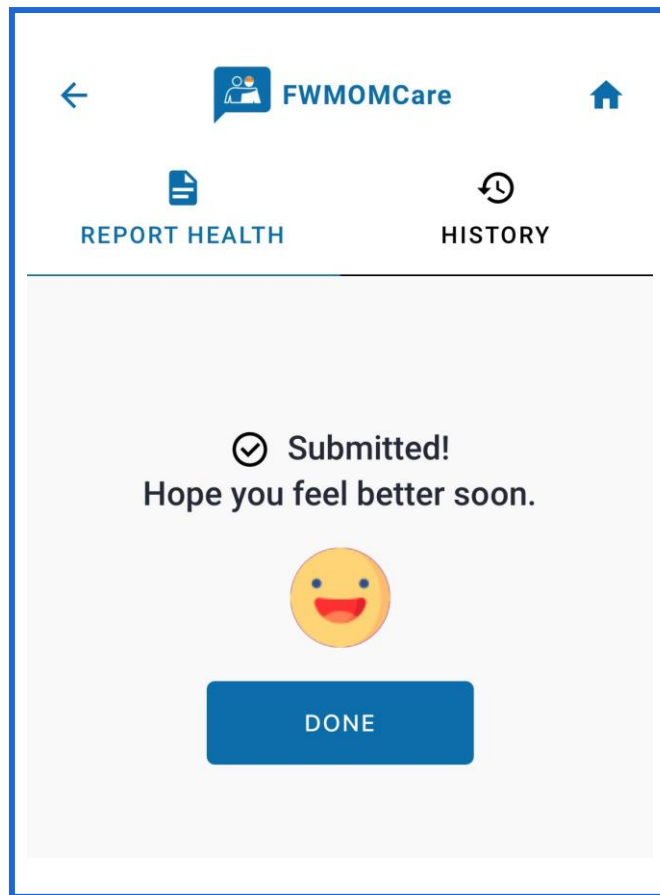
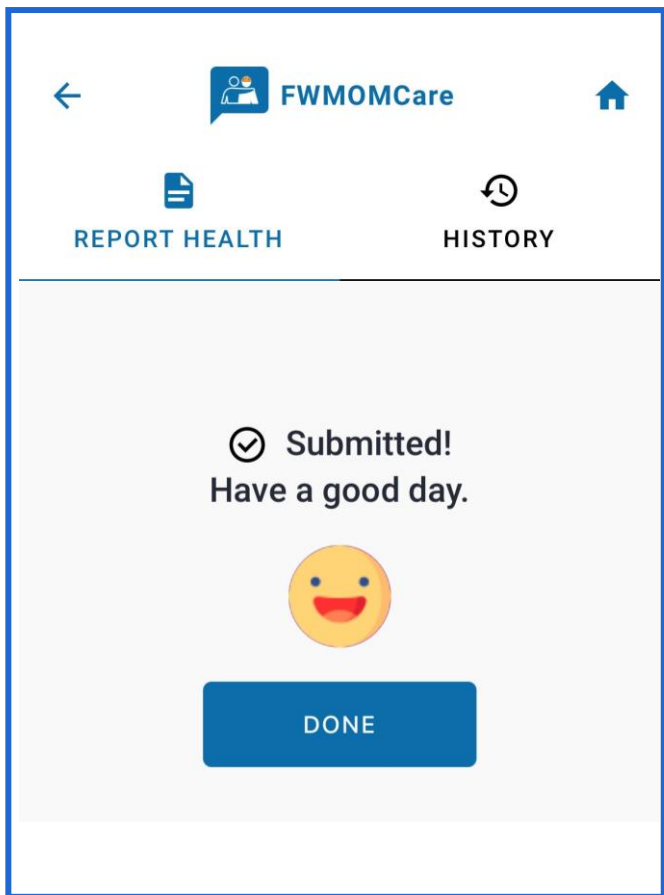


FWMOMCare 应用程序 – 报告健康状况

第2 页, 共3页



完成：
信息顺利提交。





FWMOMCare 应用程序 – 报告健康状况

第3 页， 共3页

报告健康状况的历史：
现在， 您可以查看今天 / 过去7天的记录

REPORT HEALTH

HISTORY

Today's Report Health History

Fxxx0020X

Date	Time
20 Mar 2022	12:11 pm
20 Mar 2022	12:11 pm
20 Mar 2022	12:11 pm

VIEW FULL HISTORY

注意：

点击“查看全部历史”(VIEW FULL HISTORY)， 去查看过去7天的记录。

Past 7 days history

Fxxx0020X

Date	Time
20 Mar 2022	12:11 PM
20 Mar 2022	12:11 PM
20 Mar 2022	12:11 PM
19 Mar 2022	01:56 PM
19 Mar 2022	01:54 PM
19 Mar 2022	11:26 AM
18 Mar 2022	10:45 PM
18 Mar 2022	10:44 PM
18 Mar 2022	10:43 PM
18 Mar 2022	10:43 PM
18 Mar 2022	10:42 PM
16 Mar 2022	03:53 PM



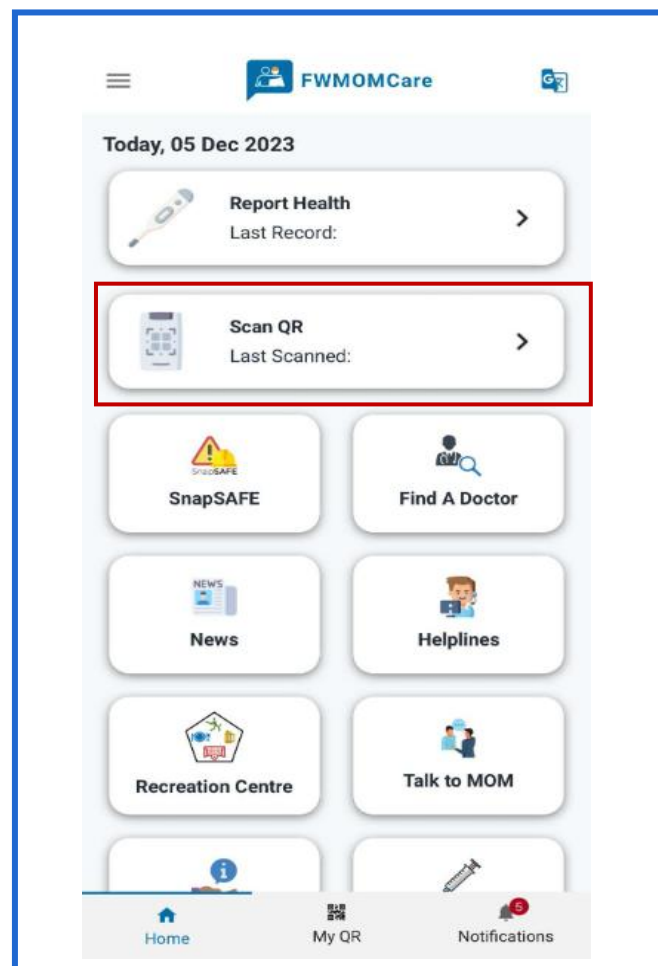
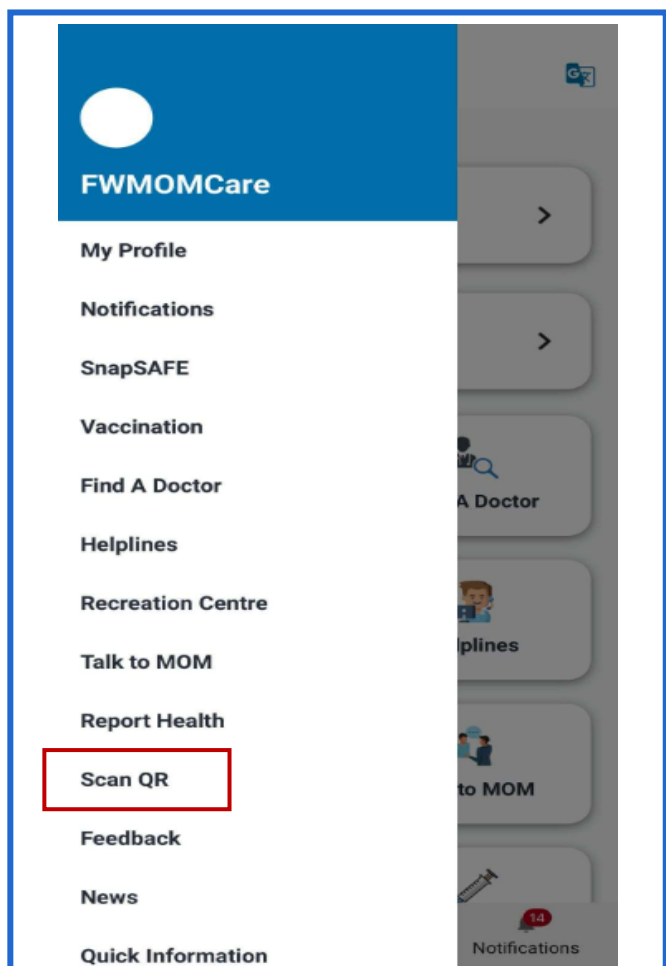


FWMOMCare 应用程序 – 扫描二维码

第1页，共3页

步骤 1:

您可以在选单 / 主页里找到"扫描二维码" (Scan QR)功能





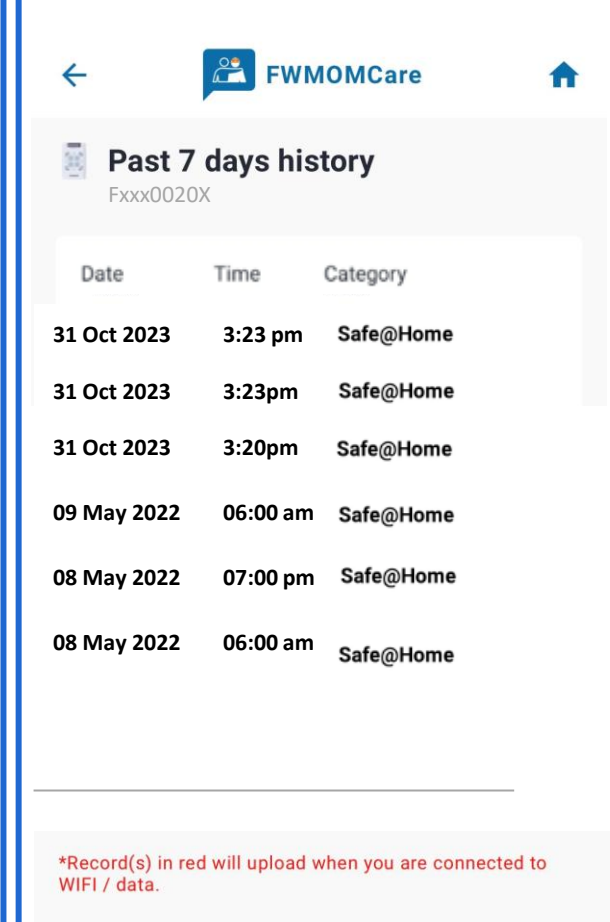
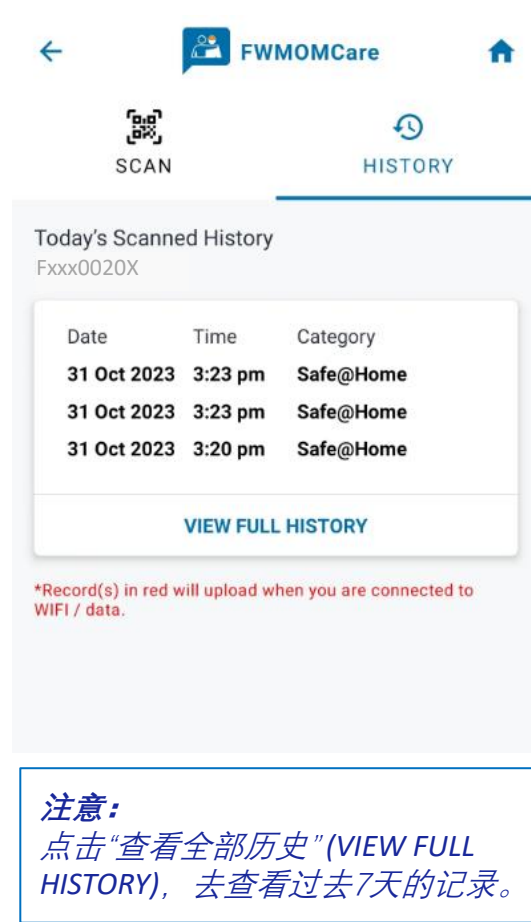
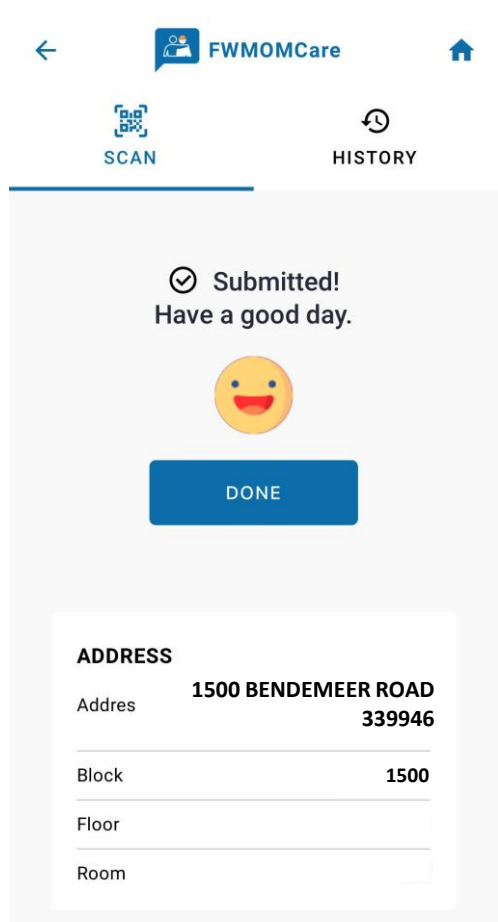
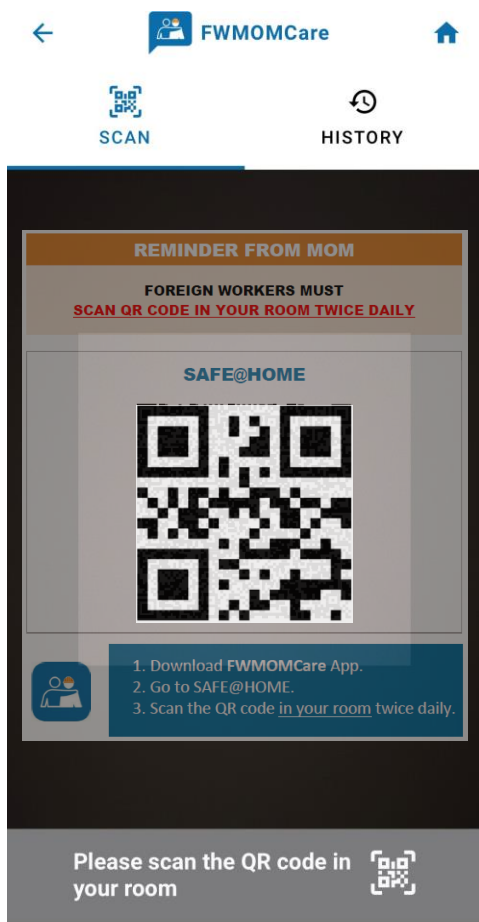
FWMOMCare 应用程序 – 扫描二维码(Safe@Home) 第2页, 共3页



步骤 2:
扫描住房内的二维码。
允许应用程序进入您的手机设定
以操控内置相机。

完成:
信息顺利提交。

扫描历史记录
现在, 您可以查看今天 / 过去7天的记录





FWMOMCare 应用程序 – 扫描二维码(其他)

第3页, 共3页

步骤 2:

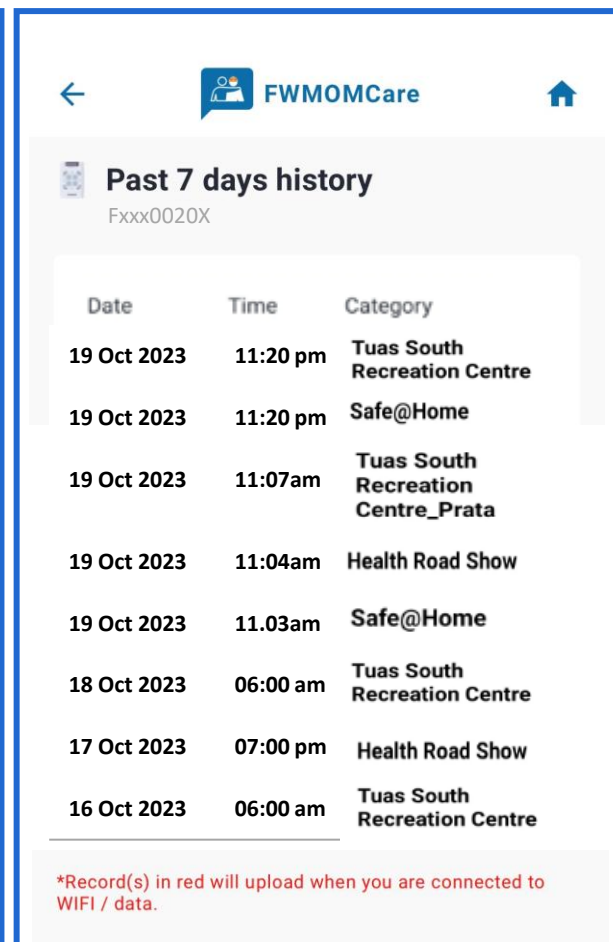
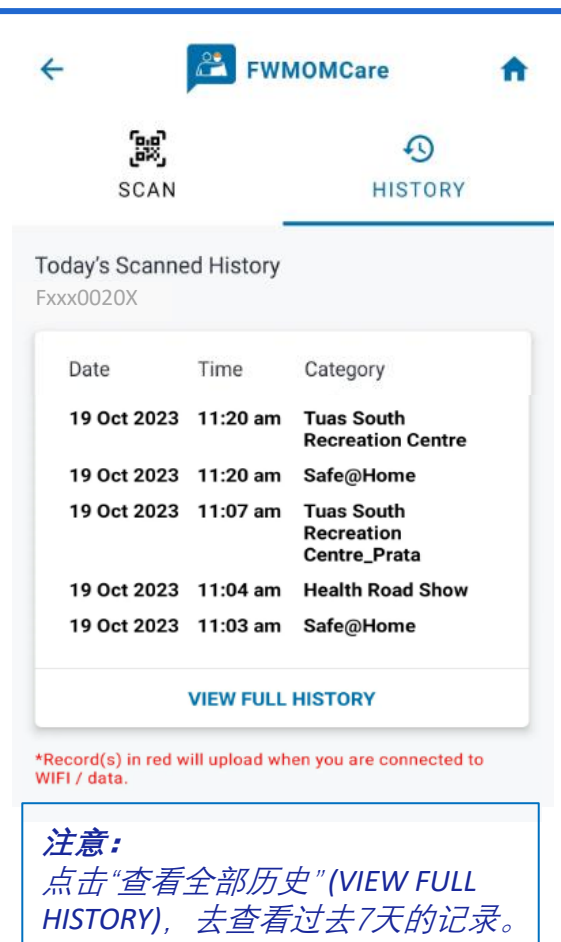
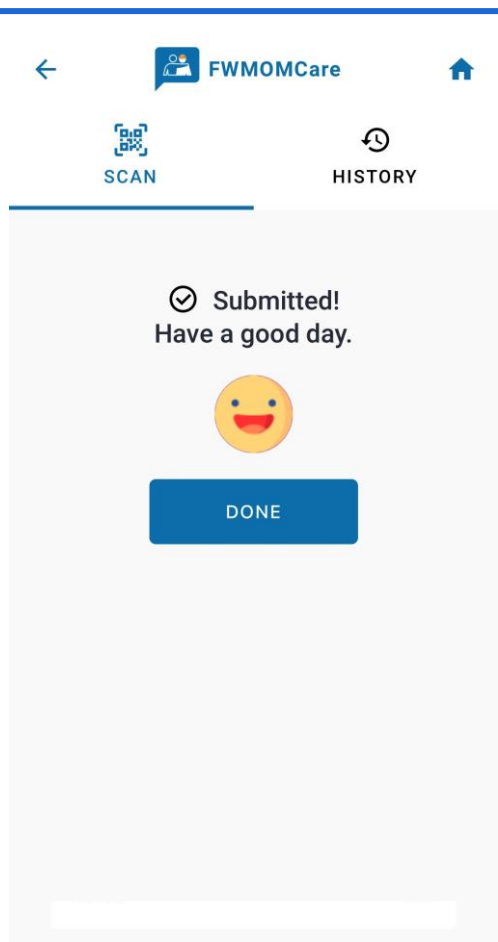
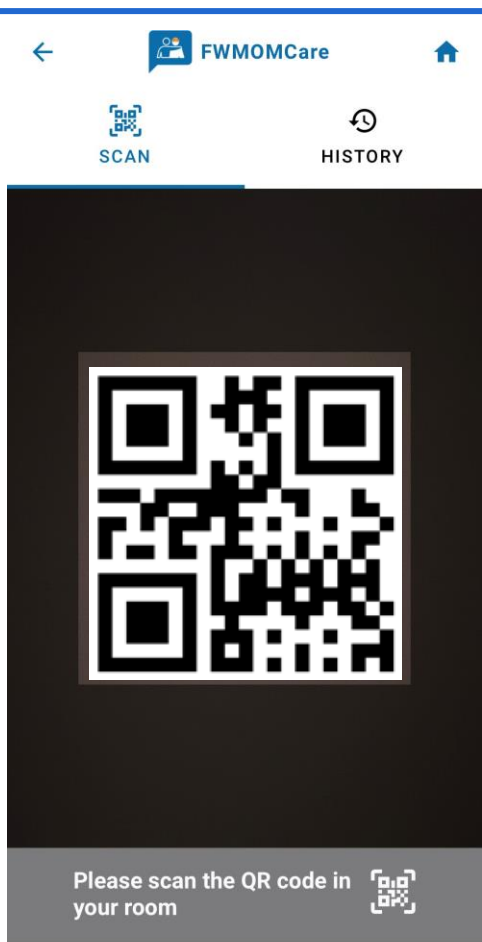
扫描官方二维码, 包括来自 go.gov.sg 的代码。
允许应用程序进入您的手机设定以操控内置相机。

完成:

信息顺利提交。

扫描历史记录

现在, 您可以查看今天 / 过去7天的记录



注意:

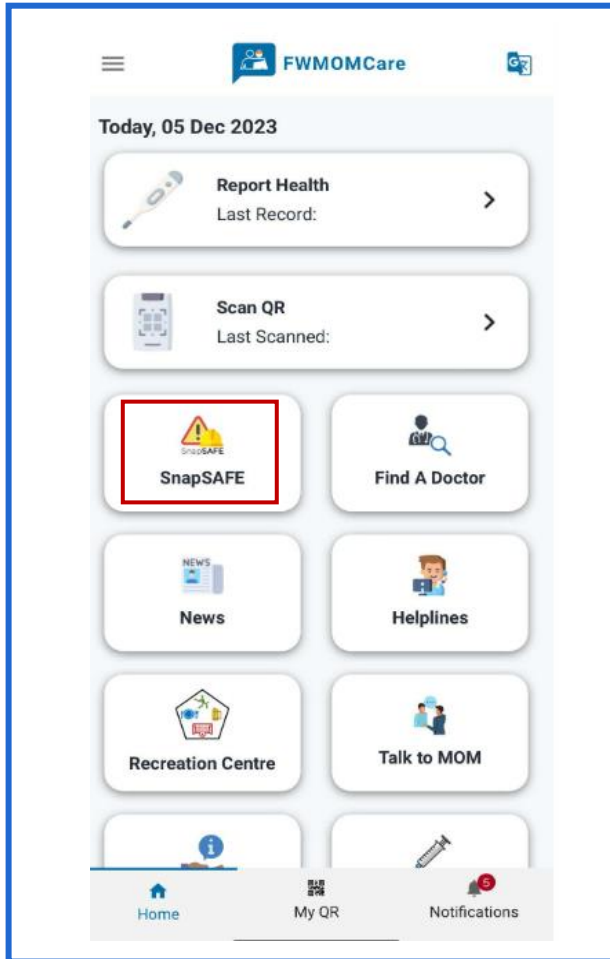
点击“查看全部历史”(VIEW FULL HISTORY), 去查看过去7天的记录。



FWMOMCare 应用程序 – SnapSAFE

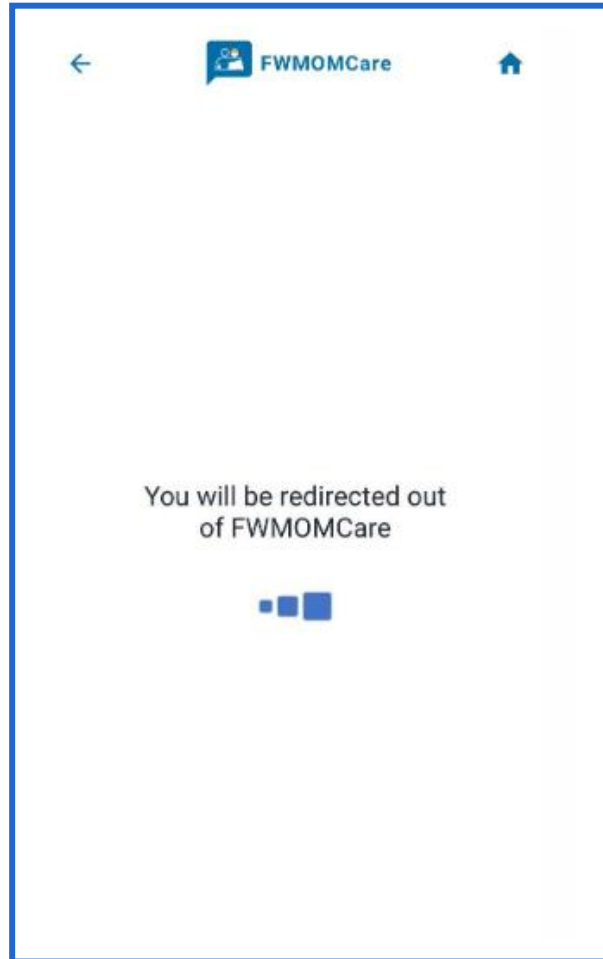
步骤 1:

您可以在主页里找到 SnapSAFE 功能。



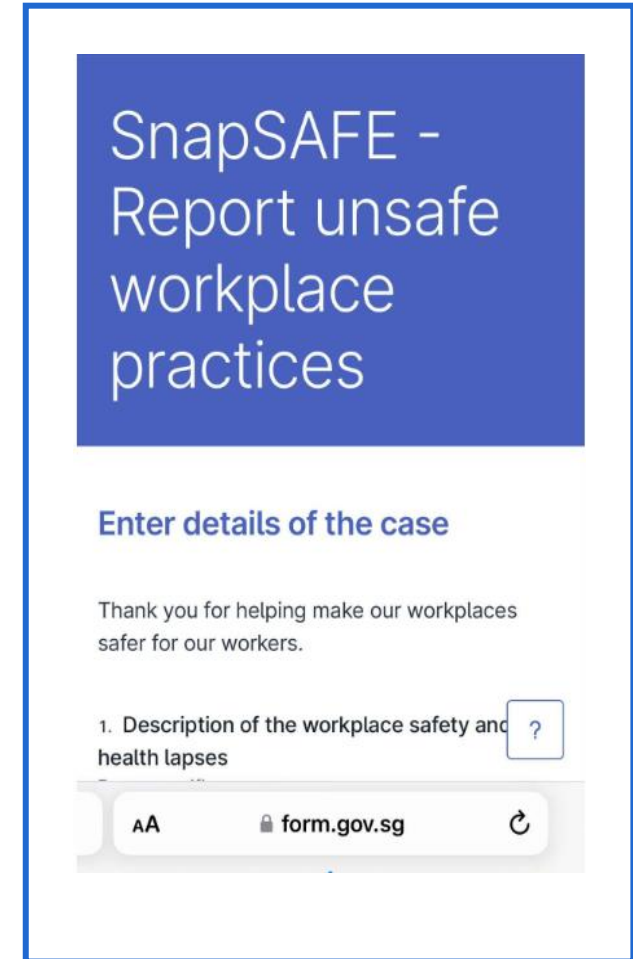
步骤 2:

选择 SnapSAFE 后，您将跳出 FWMOMCare 页面。



步骤 3:

您将访问 form.gov.sg 网页

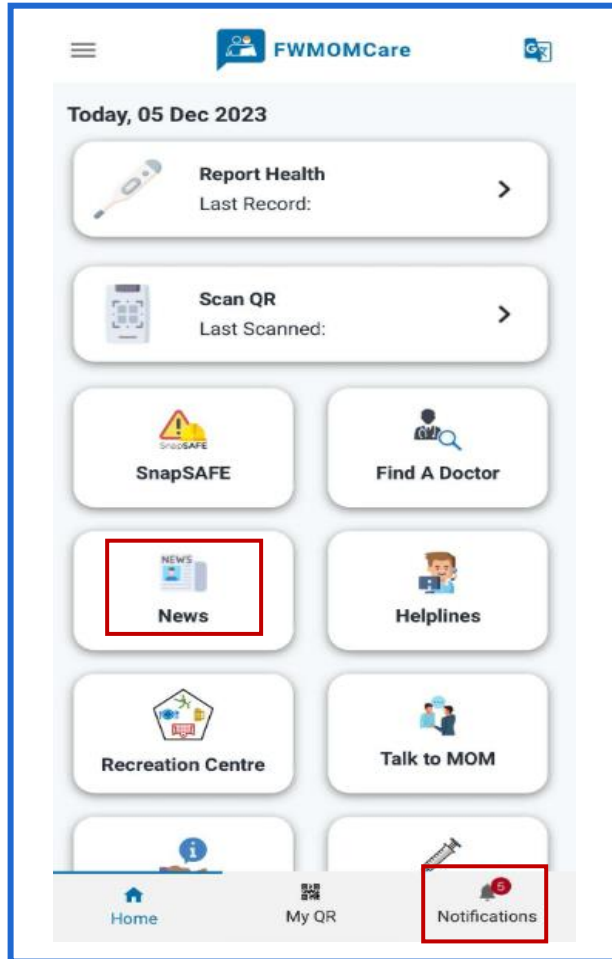




FWMOMCare 应用程序 – 主页 / 通知 / 新闻

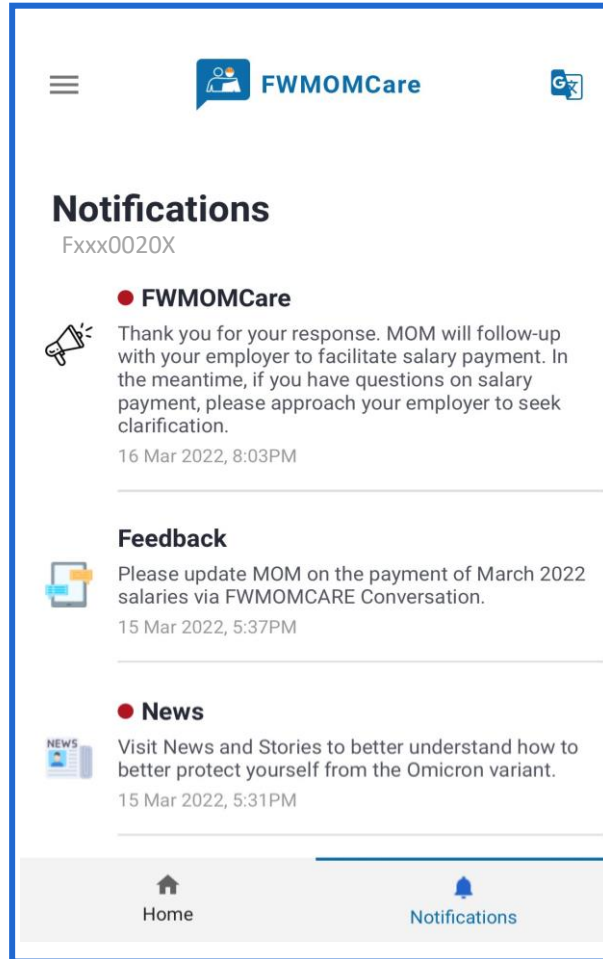
主页:

"报告健康状况" (Report Health) 以及 "扫描二维码" (Scan QR) 将显示上一条记录的日期/时间 (若有)



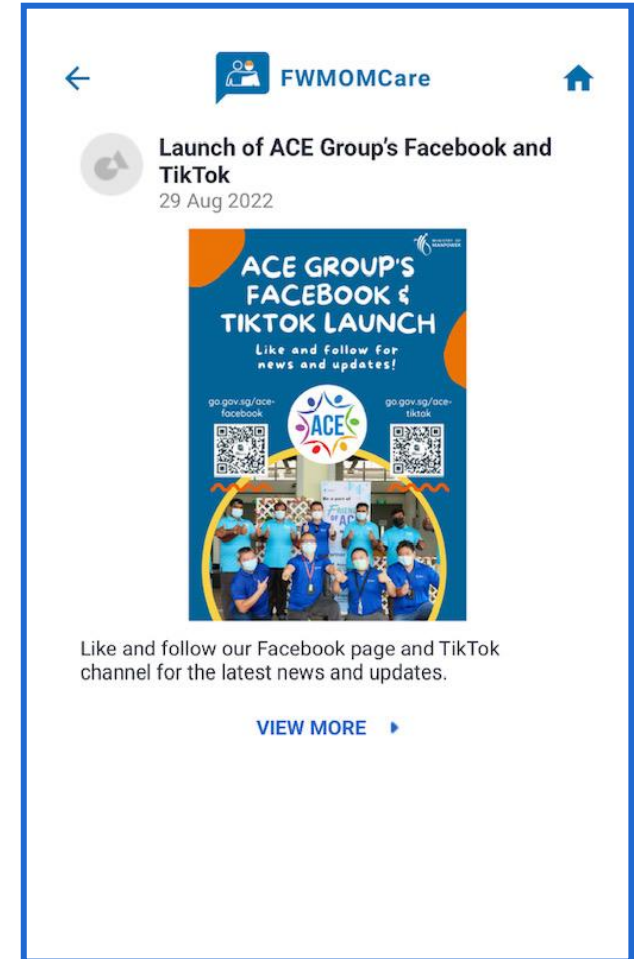
通知:

尚未阅读的通知, 将以红点注明。



新闻:

在这里, 查看最近更新的资料 / 咨询。





FWMOMCare 应用程序 – 横幅信息



步骤 1:

若有已发布的横幅信息，将只显示在主页的最上方。

步骤 2:

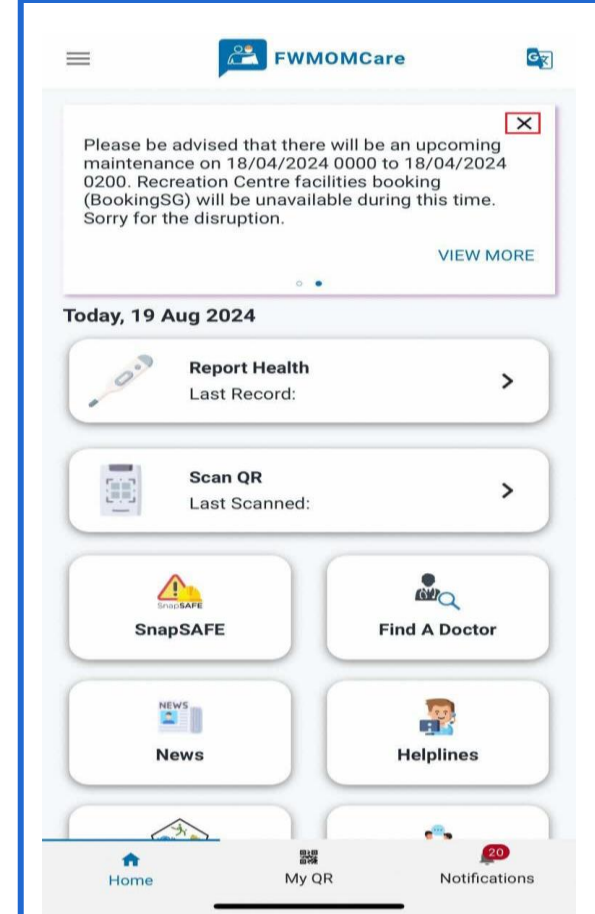
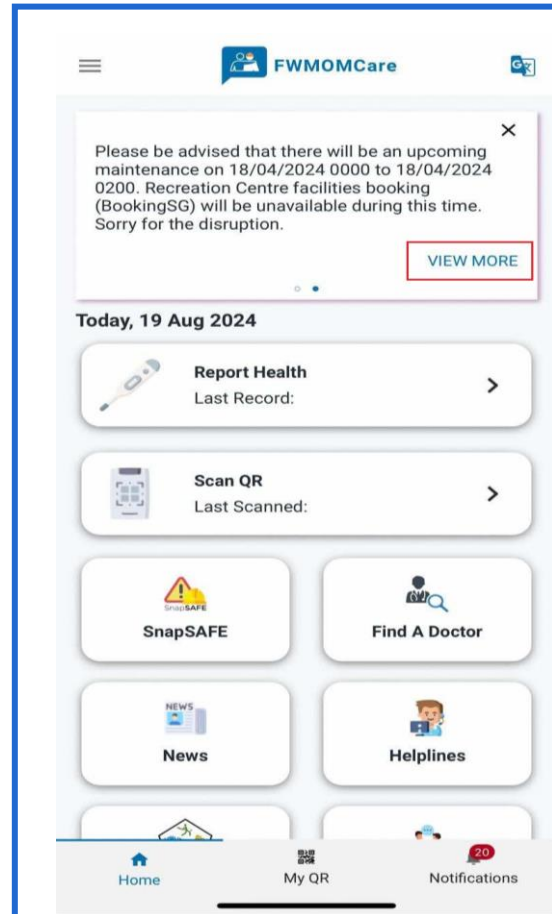
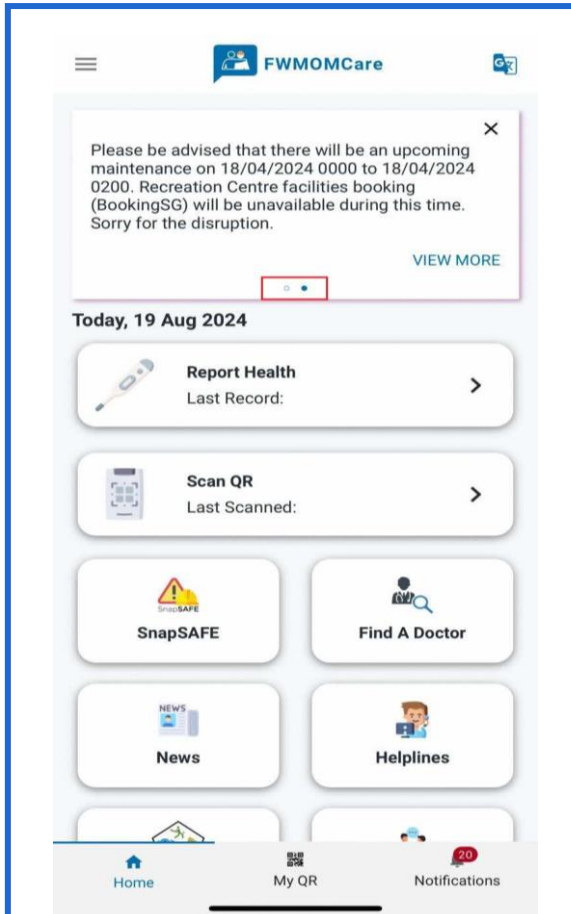
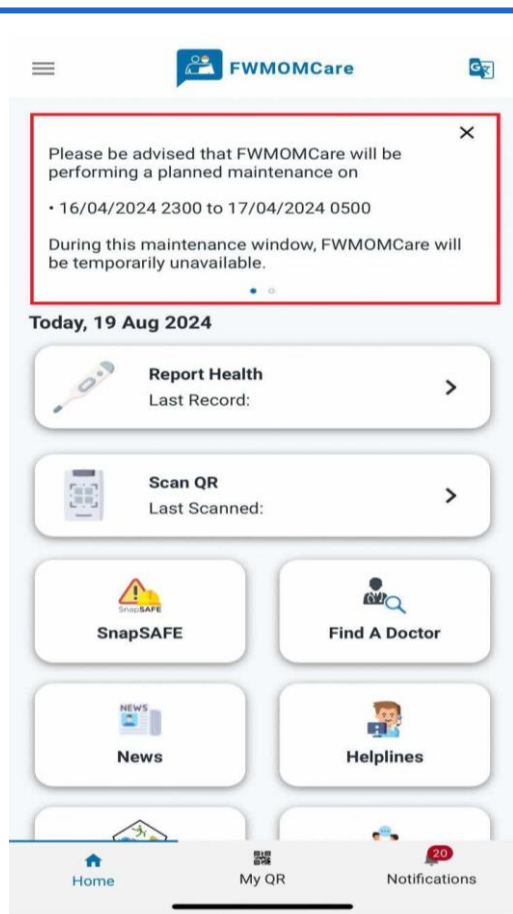
请触屏并向左或右滑动以浏览其他横幅信息。

步骤 3:

请点击“查阅更多”以转到相应的页面。

步骤 4:

点击“X”关闭横幅，当天即不再显示。横幅隔天会重新显示



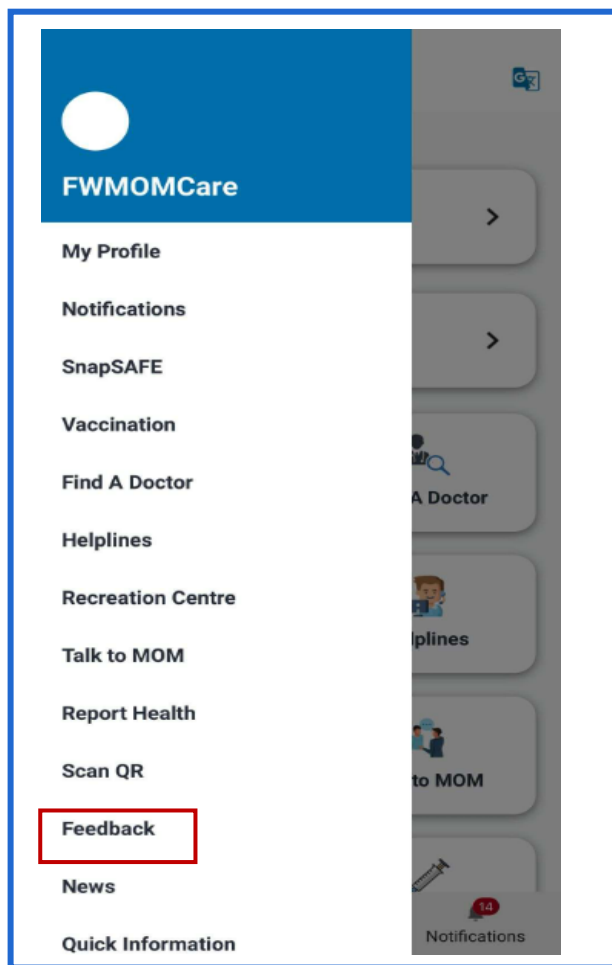


FWMOMCare 应用程序 – 反馈

第1页, 共2页

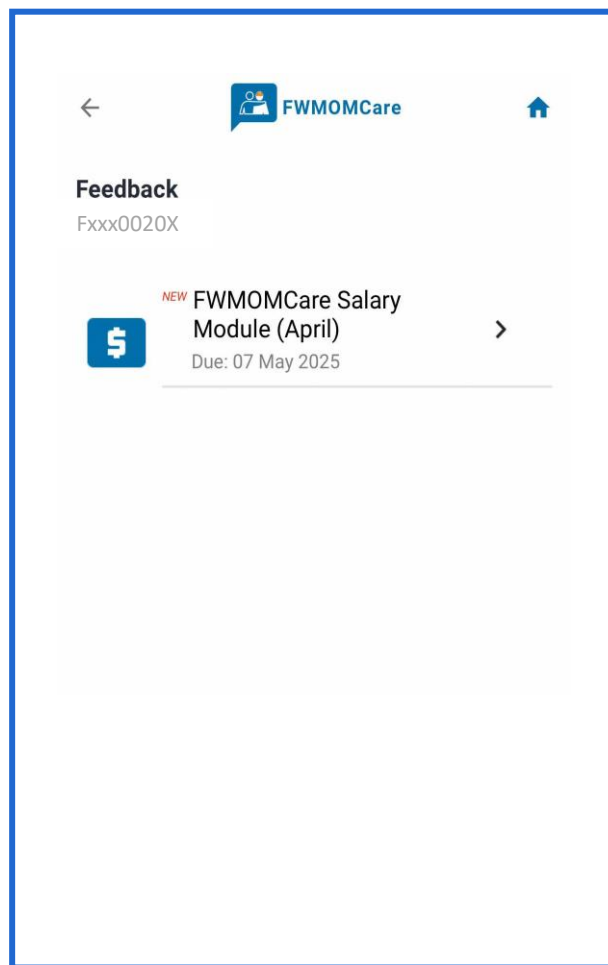
步骤 1:

从菜单上点击"反馈" (Feedback)。



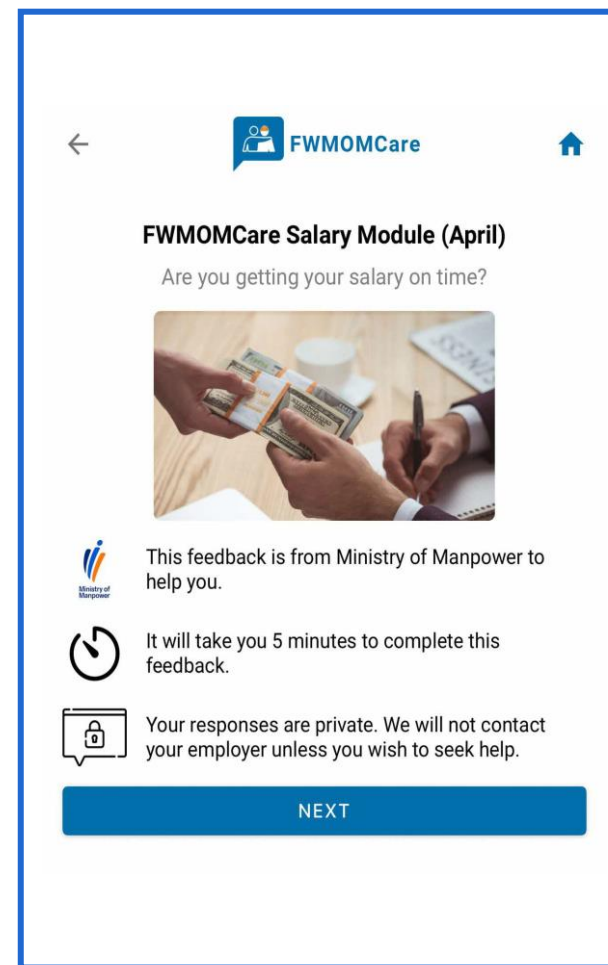
步骤 2:

页面将显示调查 / 反馈列表。



步骤 3:

查看调查 / 反馈, 点击"下一步" (NEXT), 便可继续。





FWMOMCare 应用程序 – 反馈

第2页, 共2页

步骤 4:

点击“下一步” (NEXT), 去回答下一个问题; 或者, 点击“取消” (Cancel) 关闭程序。

The screenshot shows the FWMOMCare app interface. At the top, there is a back arrow, the FWMOMCare logo, and a home icon. Below the header, it says "QUESTION 1". The question is "Have you been paid your last month's salary?". There are three radio button options: "Yes, I have been paid in full." (which is selected), "Yes, but I have only been paid a lower amount.", and "No. I have not been paid at all.". At the bottom, there is a blue "NEXT" button and a "Cancel" link.

完成:

信息顺利提交。

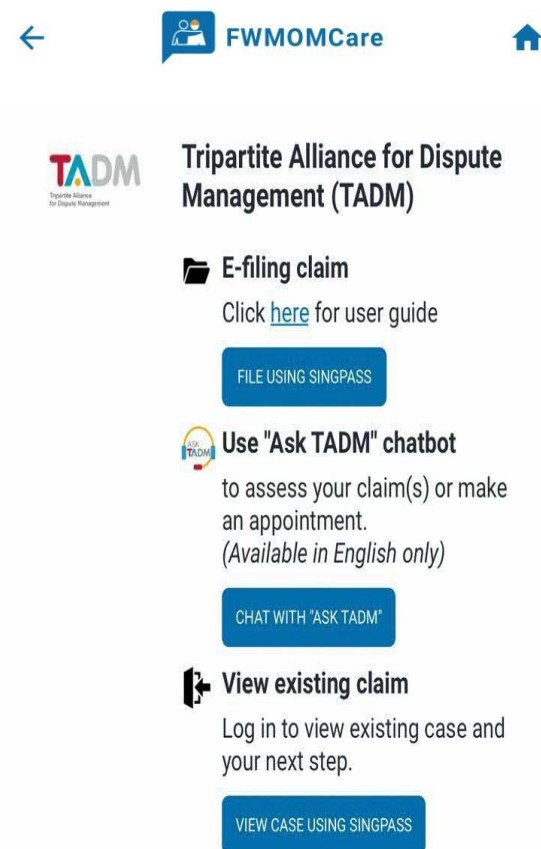
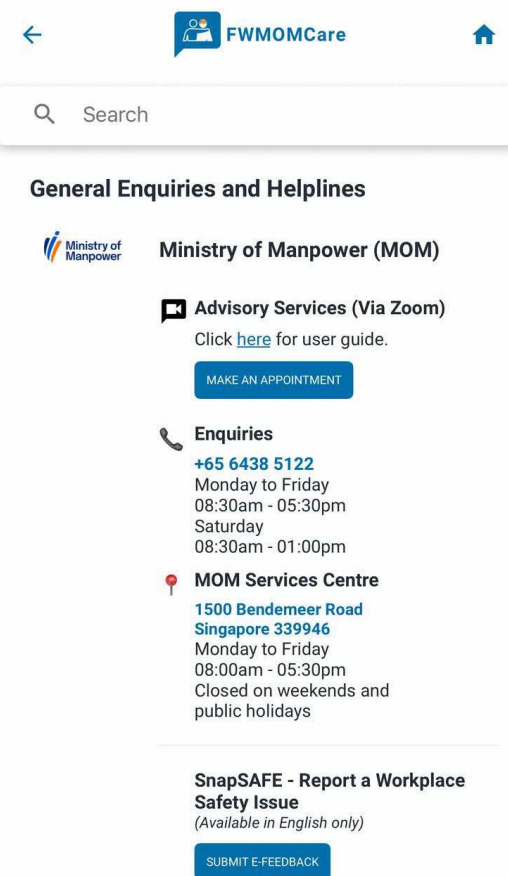
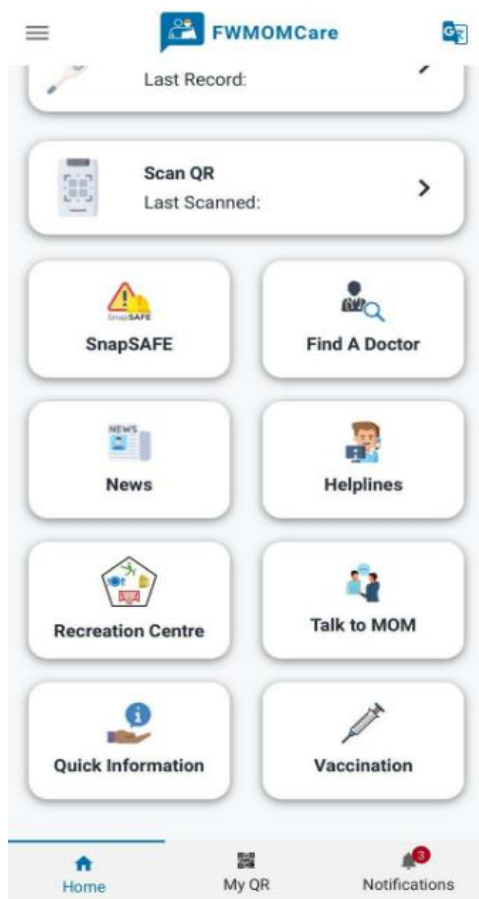
The screenshot shows the FWMOMCare app interface after submission. At the top, there is a back arrow, the FWMOMCare logo, and a home icon. In the center, it says "Submitted!" with a checkmark icon. Below that, it says "Thank you for completing the feedback form." with a smiling face emoji. At the bottom, there is a blue "DONE" button.



FWMOMCare 应用程序 – 援助热线

援助热线:

显示人力部 (MOM)、TADM、心理卫生和紧急热线

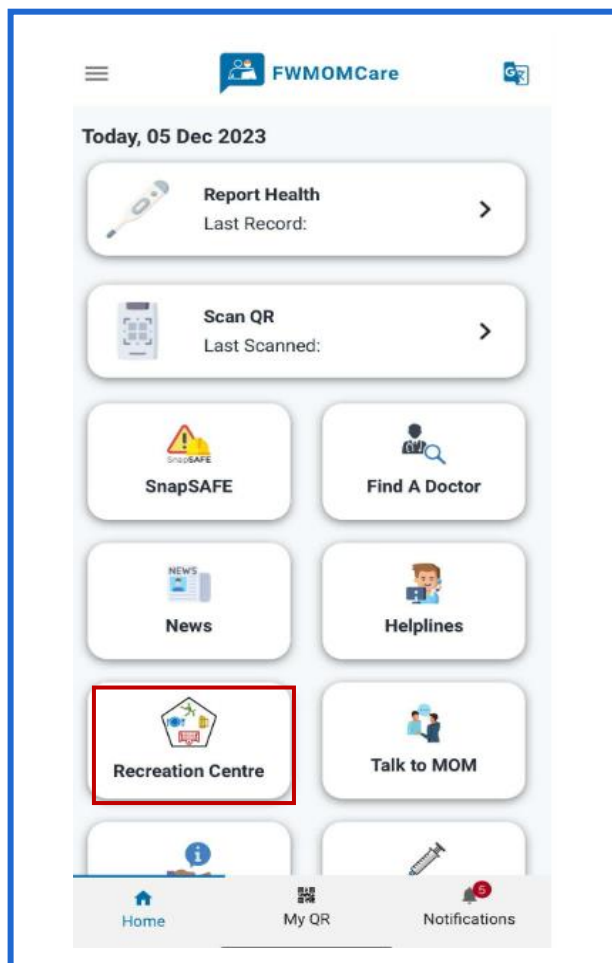




FWMOMCare 应用程序 – 休闲中心

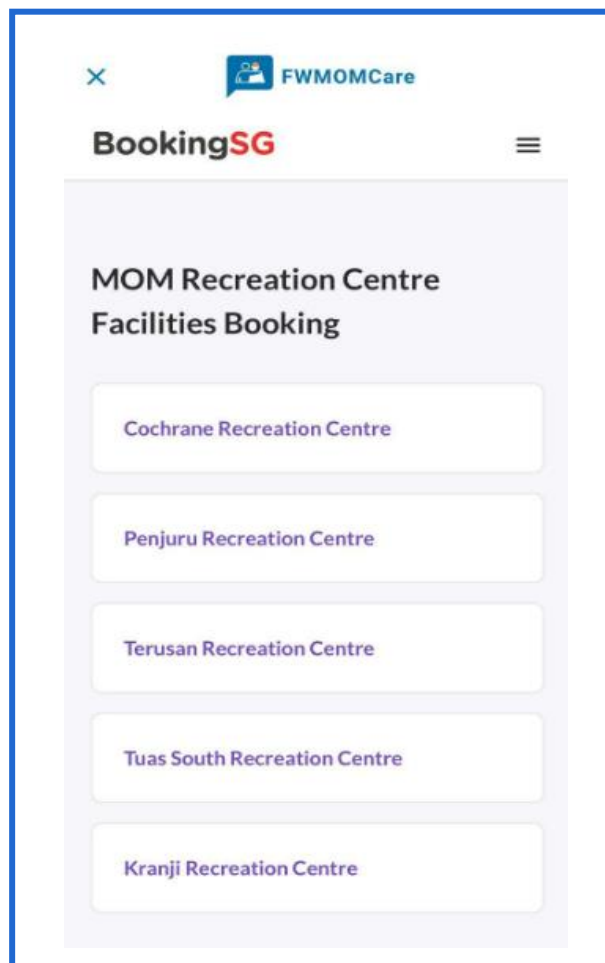
步骤 1:

您可以在**选单 / 主页**里找到“休闲中心” (Recreation Centre) 功能



步骤 2:

为您转至 Booking.SG 网页预定设施。



扫描以下二维码了解更多信息!

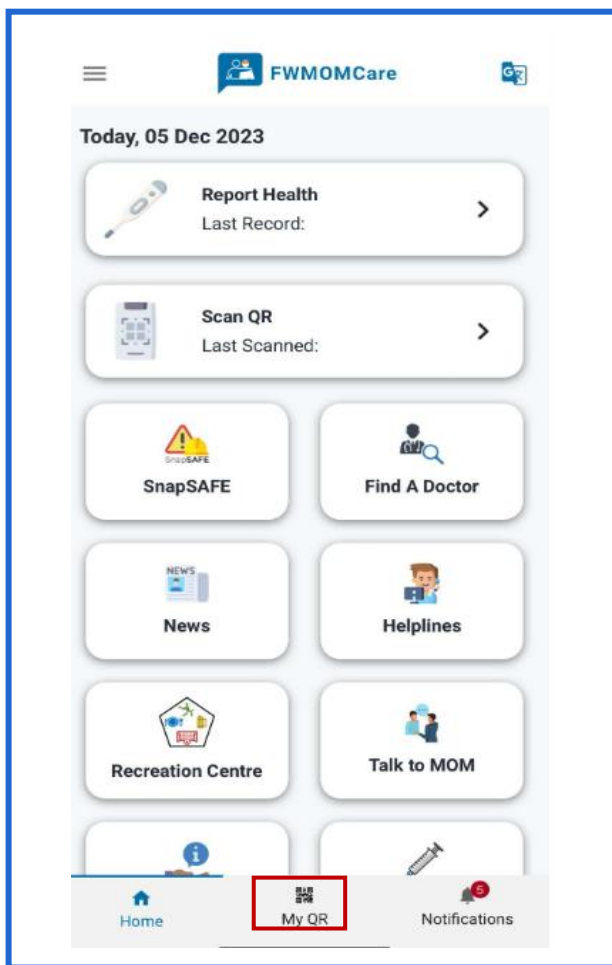




FWMOMCare 应用程序 – My QR

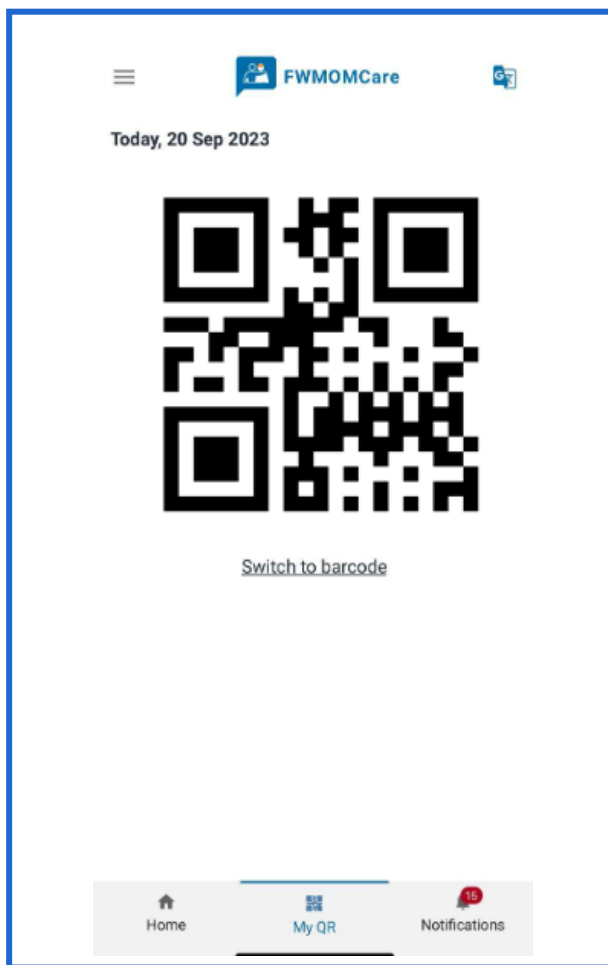
步骤 1:

您可以在主页里找到My QR功能



步骤 2:

选择My QR后，您的屏幕上将出现二维码



步骤 2:

点击"切换至条形码" (Switch to barcode)即可转至条形码格式。



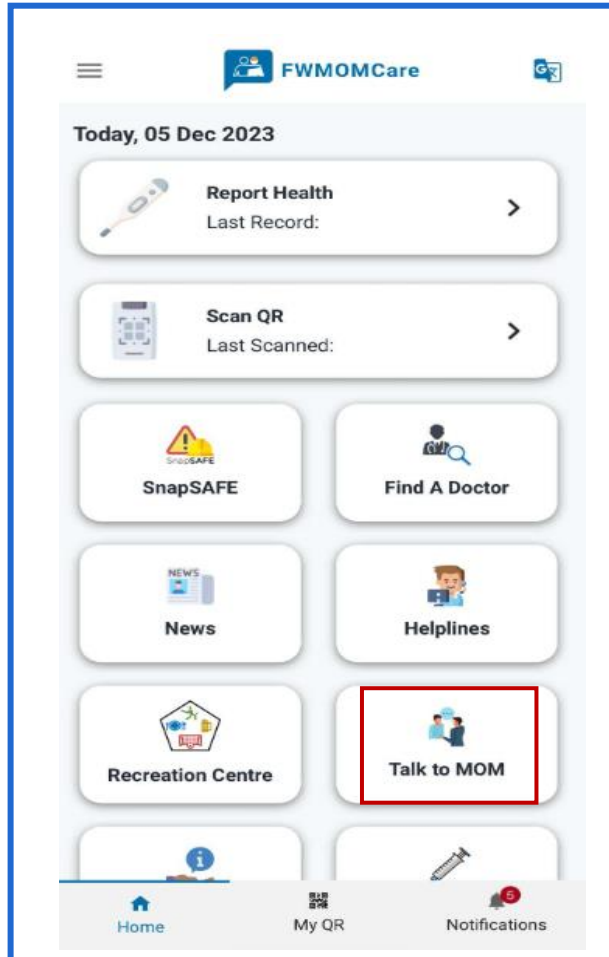


FWMOMCare 应用程序 – 联系MOM

第1页，共3页

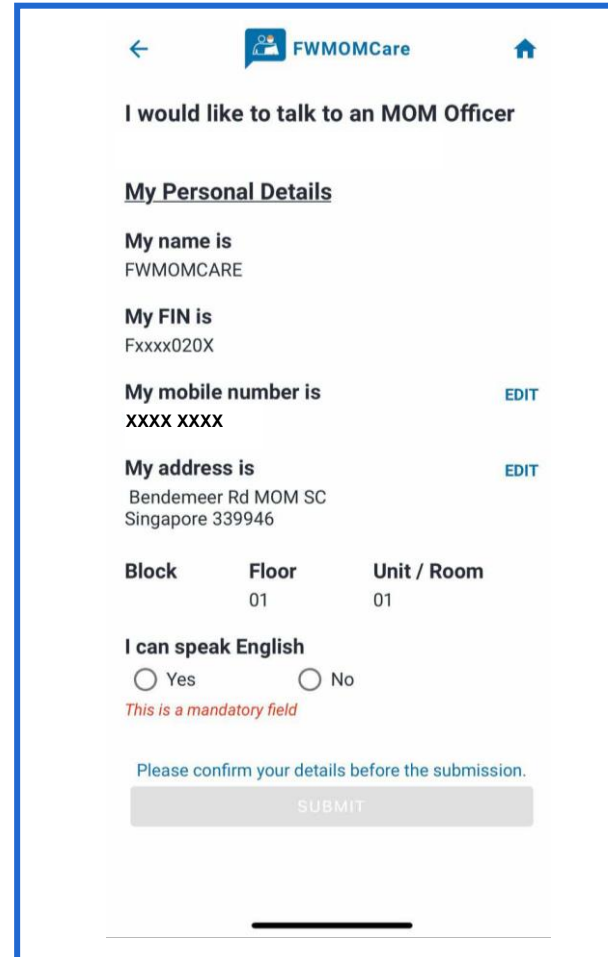
步骤 1:

您可以在选单 / 主页里找到 "联系MOM" (Talk to MOM) 功能



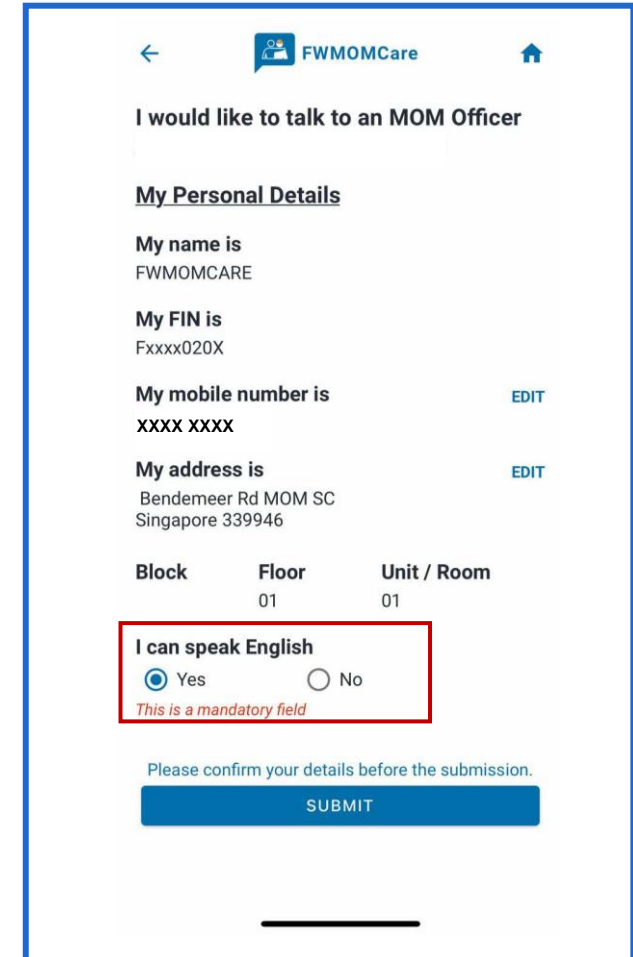
步骤 2:

确认个人详情。



步骤 3:

您若会说英语，请选择点击"会" (Yes) 否则，请选择点击"不会" (No)。





FWMOMCare 应用程序 – 联系MOM

第2页, 共3页

步骤 4:

请点击"提交" (SUBMIT)让MOM与您联系。

The screenshot shows the FWMOMCare app interface. At the top, there's a back arrow, the app logo, and a home icon. Below this is the text "I would like to talk to an MOM Officer". Underneath is a section titled "My Personal Details" with fields for "My name is" (FWMOMCARE), "My FIN is" (Fxxxx020X), "My mobile number is" (XXXX XXXX), and "My address is" (Bendemeer Rd MOM SC, Singapore 339946). There are "EDIT" links next to the mobile number and address fields. Below these fields is a table with columns "Block", "Floor", and "Unit / Room", containing the values "01", "01", and "01" respectively. Under the table is a section "I can speak English" with radio buttons for "Yes" (selected) and "No". A red text note below says "This is a mandatory field". At the bottom, a red box highlights a confirmation message "Please confirm your details before the submission." and a blue "SUBMIT" button.

步骤 5:

请点击"要" (Yes)来确认。
否则, 请点击"不要" (No)。

The screenshot shows the same FWMOMCare app interface as before, but with an "Alert" dialog box overlaid. The dialog box has the title "Alert" and the text "Do you want MOM to call you?". It has two buttons: "No" and "Yes". A red box highlights the "Yes" button. The background of the app is dimmed.





FWMOMCare 应用程序 – 联系MOM

第3页，共3页

步骤 6:

信息顺利提交。

← FWMOMCare

✓ Submitted!

Your request has been submitted.
MOM will contact you within 3 working days.

😊

DONE

步骤 7:

最后提交的日期和时间将于此显示。下一次的请求只能在3个工作日后提交。

← FWMOMCare

I would like to talk to an MOM Officer

Last submitted on 03-01-2023 at 14:44

My Personal Details

My name is
FWMOMCARE

My FIN is
Fxxxx020X

My mobile number is EDIT
XXXX XXXX

My address is EDIT
Bendemeer Rd MOM SC
Singapore 339946

Block	Floor	Unit / Room
	01	01

I can speak English
☐ Yes ☐ No
This is a mandatory field

Please confirm your details before the submission.

SUBMIT



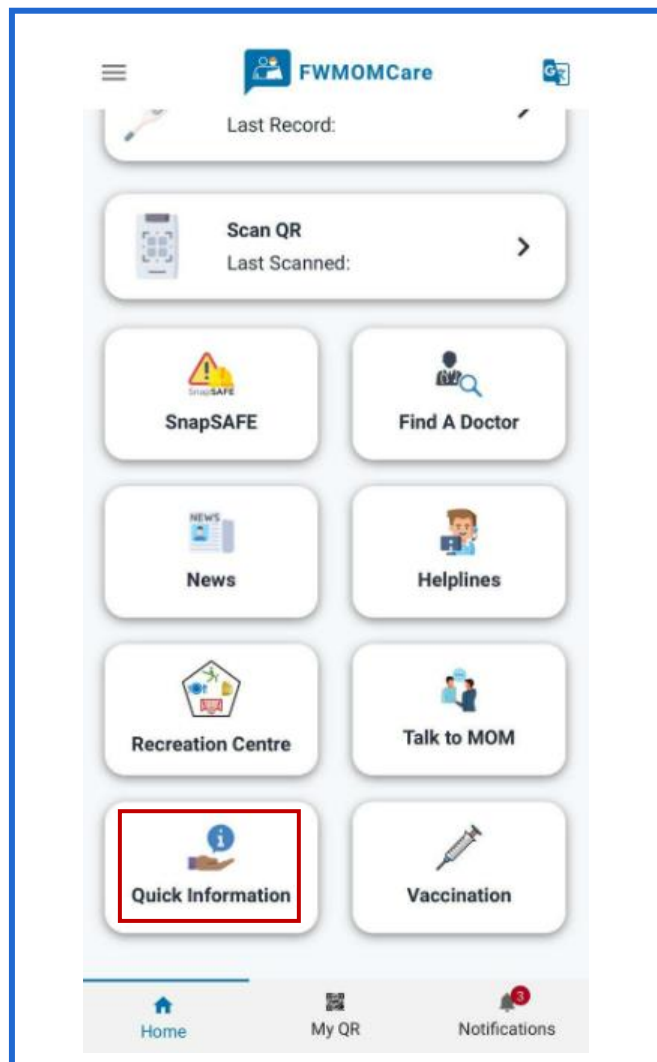
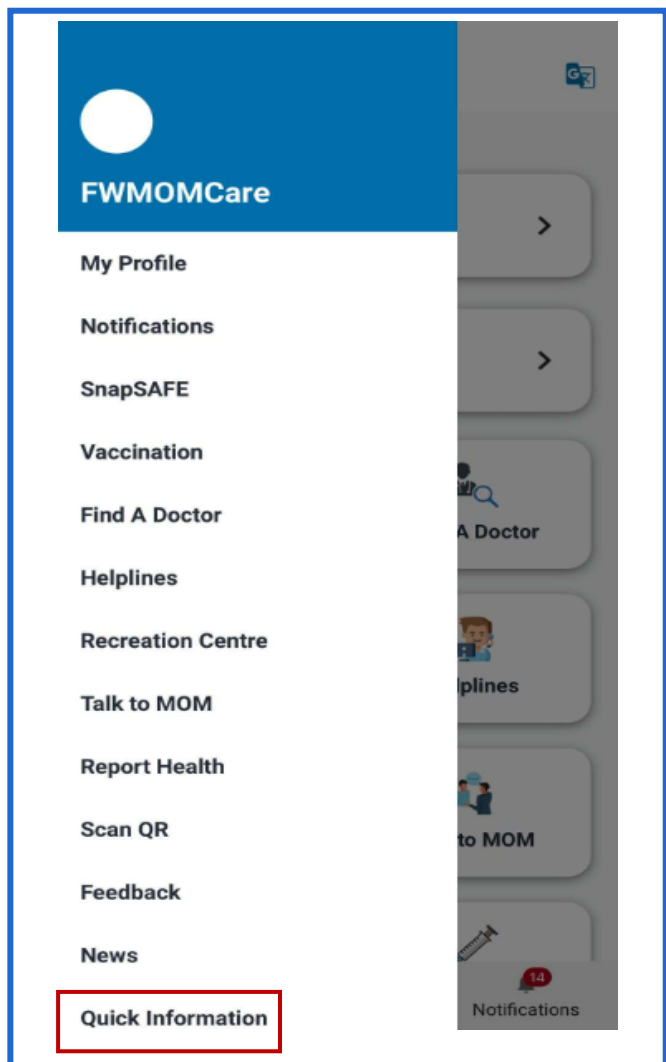


FWMOMCare 应用程序 – 快速信息

第1页, 共2 页

快速信息:

您可以在选单 / 主页里找到"快速信息" (Quick Information)功能





FWMOMCare 应用程序 – 快速信息

第2 页, 共2页

例子

